

MEMORIAL HOSPITAL'S *The* LAMP QUARTERLY NEWSLETTER

Vol. 4 Issue 1 - January 2023

Memorial Hospital Receives 5-Star Patient Rating



The National Rural Rating System is proud to announce that Memorial Hospital of Chester, IL is a 5-Star patient rated hospital. The new program celebrates the extraordinary patient experiences provided by rural and critical access hospitals across the United States. The National Rural Ratings System was created in collaboration with the Illinois Critical Access Hospital Network (ICAHN) to recognize rural critical access hospitals who receive exceptional patient feedback through Centers for Medicare and Medicaid Services (CMS) Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) surveys. These are national standardized, publicly reported surveys of patients' perspectives of hospital care.

"Earning a 5-star reward from the NRRS is a significant accomplishment, and it is a testament to the hard work and dedication of their entire team," said Brian Lee, Founding Partner of NRRS. "We are proud to recognize Memorial Hospital for their excellence in patient care, community engagement, and innovation."

The 5-Star Rating System ranks rural and critical access hospitals – with five stars being the top ranking and one star being the lowest. The Star Ratings are like the CMS Stars, which allow hospitals/clinics to promote their success and are used as high-quality

recognitions. Most small and rural hospitals (60%) do not qualify because of low number of qualifying inpatients for the CMS Rankings, but are held to the same high patient satisfaction criteria. The rankings include overnight hospital stays (HCAHPS) and are based on data collected by certified CMS patient satisfaction vendors.

Upon receiving the notification of the ranking, Brett Bollmann, CEO of Memorial had this to share,

"What a true honor for Memorial Hospital to receive this special recognition. The staff at Memorial Hospital take great pride in bringing the best experience to our patients. We are very proud of all staff for achieving the National Rural Honor Roll and receiving a 5-star rating."

Memorial is ranked as a 5-Star hospital along with six other rural, critical access hospitals throughout the nation.

MEMORIAL HOSPITAL

—Since 1962—

RURAL HEALTH CLINICS

FAMILY HEALTH CARE

Newborn Through Geriatrics

Immunizations – VFC Provider	Minor In Office Procedures
Age Specific Wellness Exams	Same Day Appointments
Injection Therapy	School & Sports Physicals
Family Planning	Patient Portal
DOT Physicals	

CHESTER CLINIC

2319 Old Plank Road - Chester, IL 62233

618-826-2388

STEELEVILLE FAMILY PRACTICE

602 W. Shawneetown Trail - Steeleville, IL 62288

618-965-3382



James Kirkpatrick, M.D. • James Krieg, M.D.
 Lisa Lowry-Rohlfing, M.D. • Joseph Molnar, D.O.
 Stephen Platt, M.D. • Valerie Blechle, APN, FNP-BC
 Mindy Dudenbostel, FNP-C • Angela Albertini, PA-C

Women: Take Time for Self-Care. You're Worth It!

Wednesday, May 23, 2018

by DCPC

By Teri L. Larkins, Ph.D.



Teri is "paying it forward" by helping a CDC colleague with her wellness checkup.

My late grandmother, Ms. Anne E. Larkins, was an accomplished elementary school principal and teacher when she was diagnosed with breast cancer in the spring of 1983. In her typical solutions-focused way, she sought to understand the disease and how

best to manage it. She modeled steps a cancer survivor must take to live a longer, healthier life.

She took action to modify her lifestyle and behavior and was able to rely on her family and peers for emotional and care giving support. She stopped smoking, began eating more plant-based, whole foods, and continued her active lifestyle. I have fond memories of us shopping and enjoying life outdoors. I remember one occasion in 1988 when we were playing an exercise video game. Together with her best friend, Ms. Lucille, and her granddaughter, we took time to care for ourselves to nurture our health and wellness.

Wellness: A Personal Journey and a Professional Passion

Having a family health history of breast cancer on both sides of my family inspired me to pursue a career dedicated to preventing and controlling cancer. My career and my life's purpose are focused on helping girls and women create lifestyles led by healthy choices.

These lessons resonated with me throughout my life, and I am happy to apply them at home and work to be proactive and reduce my own cancer risk. At age 26, I had a breast biopsy and enlarged lymph nodes removed from the right axillary area of my breast. Between 2006 and 2016, four close (first and second degree) relatives on my mother's side of the family were diagnosed with breast cancer.

This prompted me to gather and keep records of my health history. I also talked with my health care team about getting tested for gene mutations such as BRCA. My results for BRCA 1 and 2 mutations were negative. I've learned in my work with CDC's National Breast and Cervical Cancer Early Detection Program and Colorectal Cancer Control Program that screening and finding cancer early help reduce the cases of and deaths caused by cancer. As I have been inspired by my grandmother, I encourage you to learn your personal and family health history. Talk to relatives, even the shy ones. These conversations are important for helping understand your cancer risk.

I found that with my family, good food and fun activities help make the conversation easier. For example, my family loves cookouts and neighborhood block parties. Holidays and events like Thanksgiving and family reunions are also perfect opportunities to learn and share.

Essentially, cancer prevention and control is about wellness. Wellness is defined as a dynamic process of becoming aware of and making conscious choices toward a more balanced and healthy lifestyle. It is important to make wellness a part of every dimension of life—social, physical, emotional, occupational, intellectual, environmental, spiritual, and financial.



WELL-WOMEN CHECK-UPS AND SCREENINGS

Your well-woman visit is your chance to focus on your overall health and discuss it with your doctor. Your visit will include a physical exam that takes a closer look at your body and help find any signs or symptoms that could lead to larger health issues in the future. It is also important that you schedule screenings at specific ages to help check for diseases and cancers.

EARLY DETECTION IS KEY TO RECOVERY.

Pap and HPV Test - Age 21 (every 3 years)

Diabetes Screening - Age 35 (every 3 years)

Mammogram - Age 40 (every year)

Skin Check - Age 40 (every year)

Colonoscopy - Age 45 (every 10 years)

Lung Cancer Screening - Age 50 for smokers (every year)

Bone Density Test - Age 65 (every 3 years)

*you may need a screening sooner and more frequently based on your health history.
Consult your doctor about your personal recommendations.

SCHEDULE YOUR WELL WOMAN CHECK-UP TODAY!



833 Lehmen Drive - Chester, IL 62233

618-826-4588

***Caring for you throughout
your life span.***

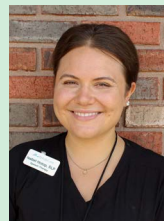
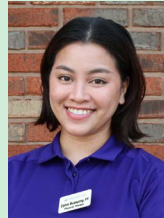
***Treating pediatrics, youth, adults,
and geriatrics.***

**SPECIALIZED
SERVICES:**

Sports Rehab
Balance Rehab
Vertigo
Stroke Rehab
Hand Therapy
Pool Therapy
Urinary Incontinence
Manual Therapy
Orthopedic Rehab

**SPECIALIZED
EQUIPMENT:**

Bariatric Treadmill
Biodex Balance
System
Mechanical Traction
Ultrasound
Electrical Stimulation
Fluidotherapy
Iontophoresis



Ryan Schaal, *Director of Therapy
& Physical Therapist*

Elphie Busayong, *Physical Therapist*

Megan Stewart, *Ocupational Therapist*

Isabel Hotop, *Speech-Language Pathologist*

Official Welcome to Rehab Center Staff

Memorial Hospital's Therapy & Sports Rehab Center (TSRC) has some exciting changes that took place on January 12th. The staff at the TSRC are now 'official' staff and co-workers of Memorial Hospital. You may not see a lot of changes on the front end, since MH Employees already felt that these staff members were co-workers. To the staff though, this is exciting to be a part of the changes to see through the Memorial Hospital Mission and Vision and be a part of the great benefits Memorial Employees receive.

Many faces will be familiar but some new employees will be added to increase staffing and provide more appointment times. So we 'officially' welcome them to the Memorial Hospital team!!

Physical Therapists:

Ryan Schaal (Director), Elphie Busayong, and Cheryl Sauerhage

Physical Therapy Assistants:

Anna Burmester, Brandi Handsbury, Anita McDonough, and Tom Pingel

Speech-Lanugae Pathology: Isabel Hotop

Occupational Therapist: Megan Stewart

Occupational Therapy Assistant: Shelby Stark

Office Staff:

Beth Meyer, Lead Administrative Assistant and
Michelle Davis, Patient Service Representative

Meet Some of the Staff:

Ryan Schaal, Doctor of Physical Therapy, and Director of Rehab Services
Ryan graduated from Graceland University in Lamoni, IA in 2008. He then attended the University of Missouri and graduated in 2011 with a Doctorate of Physical Therapy. He has been a staff therapist at hospitals and clinics, as well as a network development coordinator, general manager, and program director at locations throughout Missouri. He joined the Memorial Hospital, Therapy & Sports Rehab Center as a DPT and Program Director in December of 2021. He loves helping people and seeing patients progress through their programs and meet their goals. He is passionate about physical fitness and overall wellness, loves football and being active outdoors fishing, hunting, and spending time with his family.

Elphie Busayong, Doctor of Physical Therapy - Elphie has been a Physical Therapist since 2015 and began her career in the U.S. in 2019. She completed her doctorate in 2022. She is from Carterville, IL.

Megan Stewart, Occupational Therapist - Megan is a graduate of Maryville University with a Masters of Occupational Therapy. She joined the Therapy & Sports Rehab Center Team in July of 2021. She also provides Occupational Therapy care at Red Bud Regional Hospital. Her favorite part about being a therapist is, "seeing patients succeed and progress with their independence. It's very rewarding."

Isabel Hotop, Speech-Language Pathologist - Isabel graduated with a Masters in Speech-Language Pathology, from Fontbonne University in St. Louis, in 2020. Isabel is from Perryville, MO and works at Memorial Hospital's Therapy Sports Rehab Center and Ste. Genevieve Hospital. She has experience working in skilled nursing facilities and hospital settings with inpatients and outpatients. She is skilled in working with communication and swallowing disorders. Isabel says that she loves helping others achieve their goals. "Whether it's communicating better or swallowing safer, I enjoy empowering patients and families to be successful!"

Welcome Dr. Whittenburg

Memorial Hospital is pleased to welcome Dr. Eric Whittenburg. He will provide podiatry clinic coverage while Dr. Hart is out of office.

Dr. Whittenburg was born in Charleston, South Carolina. He received his Bachelor of Arts (cum laude) from Washington University in St. Louis. He then received Bachelor of Science and Doctor of Podiatric Medicine degrees from the W.M. Scholl College of Podiatric Medicine in Chicago, Illinois. Dr. Whittenburg then completed residencies in New Orleans, Louisiana, and Chicago, Illinois. He joined Associated Foot Surgeons in 2004 and practices in the Belleville, Columbia and Maryville, Illinois offices. He is Board Certified by the American Board of Podiatric Surgery, as well as a

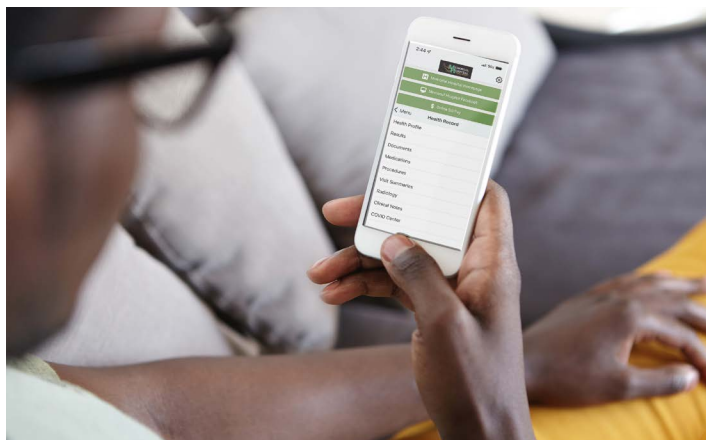
Fellow of the American College of Foot and Ankle Surgeons, the American Podiatric Medical Association, and the Illinois Podiatric Medical Association.

**Dr. Whittenburg will be
here starting
January 30, 2023.
He will hold clinics every
other week on Mondays
over the next few months.**



Dr. Eric Whittenburg

Connect to Your Health Record with Your Patient Portal



Your Patient Portal gives you access to your health information whenever and wherever you need it. Use your portal to access your health records, message your physician, request appointments, and more.

Managing your health used to be messy. Visit information from your doctor, emails, and other health information is hard to organize and manage. Memorial Hospital's Patient Portal provides one place for all of the information you need to manage your health and the health of your family.

DOCUMENT AND STORE:

- Medications, allergies, and conditions
- Visit information from doctors and the hospital
- Personal measures: weight, activity, blood pressure, blood sugar

Share Information with family

Health is a life-long challenge. To succeed, sometimes you need to share health information with trusted family and friends. Memorial Hospital's Patient Portal helps:

- Parents share children's health information
- Young adults share information with parents playing a role in providing health-care
- Aging parents share access with adult children assisting in their care.

Connect with Doctors and the Hospital

Connecting with your care team allows your doctor or hospital to electronically provide you with visit documents.

Track and Improve Your Health

Capturing personal measures helps you and your doctor proactively manage your health trends and track progress against your health goals. Supported measures include: weight, blood pressure, and blood sugar

Access to Test Results

Reports for laboratory, imaging, and other testing are posted in the portal as soon as they are complete; this means the ordering provider may not have had a chance to review the report before you find it on the portal. If you are not comfortable seeing this information before you have discussed your results with your provider, please wait to view them. Be cautious of who you share your portal user name and password with, as they will also be able to see these results as soon as they are posted

Your Health, On-The-Go

Life keeps you on the move. Work, appointments, and the reality of the day-to-day keep you busy. Memorial Hospital's Patient Portal gives you access to your personal health information wherever you have Internet access. Changed doctors and need to provide your current medications? No problem, review it in your mobile Patient Portal.

Secure Health Identity

The Memorial Hospital Patient Portal provides secure access to your Memorial Hospital health account. Your unique username and password let you safely and securely sign into the Patient Portal.

**Contact one of our locations to verify if your
information and sign-up today.**

Amy Brown Named Newmark Award Recipient for 2022



Amy Brown

Memorial Hospital is honored to name Amy Brown as the Israel D. Newmark Award Recipient for 2022. Chief of Medical Staff, Dr. Lisa Lowry-Rohlfing presented her family with a plaque of recognition on December 28, 2022 in an intimate ceremony held in the Infusion and Chemotherapy Department

at Memorial Hospital. Amy worked as the Specialty Clinic Supervisor for the past 5 years and was an employee at Memorial for 11 ½ years. Earlier this year, Amy unexpectedly passed, so her family was present to receive her award in her honor.

to improve patient care. Amy was always willing to help, patients, coworkers, neighbors, and family alike. If a ride was needed, an errand done, or maybe just a quick check to see if all was ok, you could always count on her. On more than one occasion, special trips to get imaging CDs or test results delivered faster were made. Amy was the kind of person who many times knew what was needed, and had it done, even before she was asked. Amy loved her family, friends, and buddy Jasper. She was full of life and laughs and most of all love, we were lucky to have had her and called her friend.”

Amy’s legacy of kindness, generosity, and compassion for her patients and co-workers lives on through the many laughs and stories shared. Her name will forever grace the walls of Memorial, among the other Newmark Award recipients, on the newly installed “Recognizing Excellence” display.

The Newmark award is presented annually to the individual employee who has contributed most to the quality of patient care at Memorial. This award was established by the Newmark family and has been awarded to an outstanding employee since 1988. Each year, employees submit nominations, which are reviewed by a committee.

Co-workers of Amy nominated her for this prestigious award. They had this to say about her, “Amy epitomized what a Memorial Hospital Employee should be. She was a good listener and might be doing fifty things, but still she always listened. She always had time for patients. Amy had a knack for making whomever she was dealing with feel as if she cared and would follow through with whatever needed to be done. She was a real asset to our MHC team as a great team player and willing to work with everyone



Memorial's Medical Explorers Program is Underway

L-R: Mariah Bargman, Emily Sangurima, Elizabeth Hall, Jada Long, Gavin Wilks, Abigail Heinen, Elseah Congiardo, Mabry Wingerter, Josalynn Anaya



Memorial Hospital welcomes 14 students into this year's Medical Explorers program. The Memorial Hospital Medical Explorers is a registered post of the nationally recognized branch of the Boy Scouts of America (BSA). Exploring is part of the Learning for Life's career education program for young men and women by the BSA. The program welcomes young adults ages 14-21 who have an interest in healthcare careers. During the program at Memorial, students meet once a month and hear from different departments throughout Memorial and other community healthcare professionals.

The purpose of the program is to provide experiences to help young people mature and to prepare them to become responsible and caring adults. Memorial's Medical Exploring Program is designed to create a unique, hands-on structure that provides learning activities for the participants' special interests and help guide them to a future career in the healthcare field.

This year's Explorers include the following students from the listed schools: Chester High School – Josalynn Anaya, Gavin Cowan, Korbin Jany, Liberty McCormick, Jacob Pfeiffer, Paige Thomas, and Mabry Wingerter. Sparta High School – Elizabeth Hall, Abigail Heinen, Jada Long, Emily Sangurima. TRICO High School – Qwentin McBride and Gavin Wilks. Gibault High School – Elseah Congiardo.

This year students will hear from familiar departments such as Human Resources, Diagnostic Imaging, Nursing, and the Rehab Center. Some of the new professionals the Explorers will have presentations from this year include, Memorial Hospital's Laboratory Department, Chester Family Dental, the Randolph County Coroner, and the Chester Police and Fire Departments. "We really want to give students a look at the many healthcare related career options in our rural area and try to introduce them to a variety of professions," says, Mariah Bargman, program director. "By introducing them to as many career paths as possible, we hope they will find one that peaks their interest and helps them make a plan for their future." Each year adjustments are made to programing to incorporate new careers and expand on what Explorers learned the year prior. "Students have the opportunity to join multiple years, so ensuring the program is always fresh and exciting is important to keep them engaged," says Bargman.

As an Explorer, students are given privileges to job shadow in many departments and with specialty providers. They also get the opportunity to build connections, and network with professionals throughout healthcare. This helps further their understanding of the daily demands different healthcare workers experience and help them make better decisions in a career path that may fit their abilities and interests. Explorers who are seniors in High School or attending college are able to apply for a scholarship. The scholarship application process includes extra job shadowing hours and short essays. A committee will then evaluate their performance and editorial pieces, and a \$500 scholarship is awarded by the Memorial Hospital Auxiliary.



L-R, B-F: Past Explorer Macey Ludwig and Joby Petrowske (Mortuary Science), Qwentin, Gavin W., Chester Family Dental hygienist and Dr. Hess, Amy Wunderlich and ComWell Therapist, Jada, Elizabeth, Korbin, Carlos Barbour, Randolph County Coroner, Gavin C., Emily, Josalynn, Liberty, Mabry, and Paige.



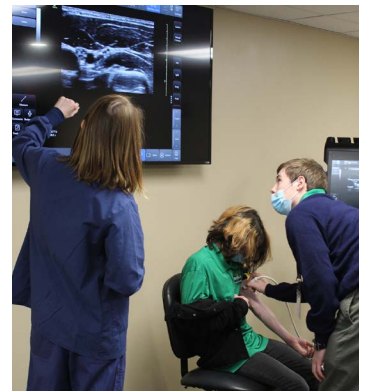
Dr. Hess, Chester Family Dental & Korbin Jany



Andria Zweigart, Dir. of DI and Elizabeth Hall



Mabry Wingerter practices IV insertion.



Adrienne Caby, Vascular Nurse, Jacob Pfeiffer, & Qwentin McBride

Marilyn Duensing Retires After 50 Years of Service at Memorial Hospital

Duensing Retires After 50 Years of Service at Memorial Hospital
Marilyn Duensing, Operating Room LPN, will be donning her scrubs one last time the end of January, as she plans to retire from Memorial Hospital in Chester after 50 years of service.

Duensing started her nursing career at Memorial as a nurses aide on January 21, 1973. She attended the Memorial Hospital Nursing Aide Program for Chester High School students. The program was organized by Theresa Solano, RN, and Director of Inservice Education at that time. This cooperative program was the seed from which Duensing's accomplished nursing career grew. In 1981, she received her LPN and in 1984 made the move to the surgery department. In 1995, she received her certification in surgical technology and in 2018 moved to the outpatient care area of the surgical department, or ASC.

During her esteemed time at Memorial, she was honored with the Employee of the Quarter award in 1999 and the annual Israel D. Newmark Memorial Award in 2009. Marilyn reflects that during her time at Memorial, "many people have been here and watched me 'grow up' and into the person I achieved to be." She is grateful for the co-workers who taught and mentored her through the years. "Some of my favorite memories are of the 'older nurses aides' teaching me many of their skills, which I still rely on." Along with the education and training, she remembers



Marilyn nursing graduation in 1973 and OR LPN in 2021



the fun they had at work and together socially outside of work. Through the years, some have passed on, but the memories and impact they have made on her life remain.

Just as so many helped train Duensing, she has had the opportunity to help many new nurses starting their healthcare journeys and provide wisdom to aid in their success. Some of her co-workers had these

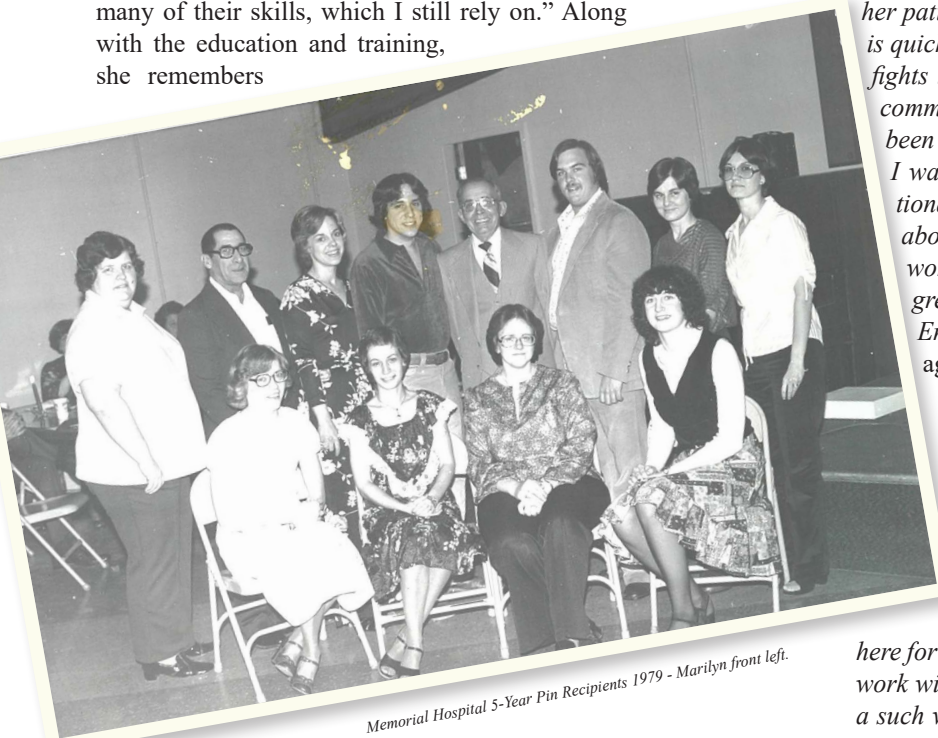
wonderful memories and sentiments to share:

"I live in Perryville and got hired a couple years ago. Shortly after my hire, there was some flooding and the bridge was closed making it difficult to devise a plan for me to make it to my new job. Without even knowing me, she offered to let me stay at her place. I'm truly grateful that she was willing to open her home to a stranger. Ill never forget her kindness!" – Sarah Berkbigler, Operating Room Technician

"How do I begin to put into words over 40 years working with this fantastic lady. I worked with Marilyn as a CNA when I was a student in nursing school. We have worked together in surgery for 36 years. Marilyn is a kind, giving and good Christian person. We have shared laughs and tears over our years together. Marilyn goes above and beyond in work and caring for her patients as well as coworkers. She always has a smile and is quick to complete task. The stories we could tell from water fights to being called in for a "Disaster". We also shared a common interest in working with Youth as well. Marilyn has been responsible for the high school youth at St. Johns while I was responsible for St. Marks for many years. The National Youth Gatherings we have planned and shared ideas about in our years are countless. Marilyn will be missed at work however I only wish God's richest blessings to this great lady in her retirement. Congratulations Marilyn! Enjoy this new chapter in your life" – Deb Mevert, Manager Perioperative Services

"Marilyn is an extremely dynamic person. She has been a great benefit to the hospital and to myself personally. It has been my honor and pleasure to have worked alongside her. Thank you for everything." – Joetta McFarland, OR RN.

"I will miss seeing Marilyn every day, she's been here for all of my almost 26 years. She was always a pleasure to work with, she could answer any question in our dept, she has a such wealth of knowledge. She never refused to do anything



Memorial Hospital 5-Year Pin Recipients 1979 - Marilyn front left.

that was asked of her or help out when it was needed. She's always promoted our hospital and been proud to say she works here. There will never be another Marilyn!! She deserves nothing but happiness in her retirement and an occasional car show with Gary." – Deana Tudor, OR RN.

"I remember those days we had a census of 80-100 in-patients, teaming up and always helping each other. Marilyn was always willing to pitch in and was kind and compassionate to her patients. When she decided to go on to nursing school we knew she would be a very good one and glad she came back to her home town hospital to work." – Carol Schulein, Storeroom Manager.

In 50 years, she has had the satisfaction of witnessing many changes in healthcare. From the advancement of the surgical equipment and technology which has led to recovery time for patients, to the many improvements to the hospital building. Most recently, she has been thrilled with the new awning addition at the main entrance, which allows the ASC staff to transfer patients to their vehicles in comfort during all weather.

It is quite an accomplishment to spend one's entire working career with the same organization. Duesning's joy for helping people made her time at Memorial worthwhile. "It makes me feel happy when I can see [a patient] recover after a surgery and help them to get back to their normal way of life." She enjoys the smiles on the patients' faces and the fabulous co-workers she has had the luxury to work beside. "We all work together to make sure our patients receive the best possible care." She will miss the staff, doctors, patients and Monday morning biscuits and gravy most of all. She will miss the "Monday morning catch-up stories from [her] co-workers, sharing what they did with their families over the weekend." She will also miss the wonderful conversation with all, but looks forward to the freedom that the future holds.

Duesning plans to travel and spend more time with family in the upcoming years. She and her husband Gary, love to attend car shows and look forward to adding more to their calendar. With daughters, Molly and Rachel, living out of state the couple has plans to spend more time visiting with them and making more memories with their son, Chris and his family. In retirement, she looks forward to spending more time doing the things she loves, caring for her 94-year-old mother and volunteering with the church. Her caring and kind heart knows no bounds.

Memorial Hospital wishes her much enjoyment in what lies ahead and thanks Marilyn with an over flowing grateful heart for her half a decade of service to helping us care for our community. It has been a pleasure to watch you grow throughout the years and we thank you for spending that time with us.



1998



Nov. 2004



1991



DAISY AWARDS 2022



Memorial Hospital of Chester held its annual DAISY Award® Ceremony on December 13, 2022. The award is part of the DAISY Foundation's programs to recognize the super-human efforts nurses perform every day. Memorial joined the program in 2020 and holds an Award Ceremony annually to recognize their nurses who go above and beyond. For 2022, seventeen nurses were nominated for The DAISY Award® For Extraordinary Nurses. From those nominees, a committee selected two recipients of this year's awards. Valerie Blechle and Sarah Rathert, were honored with being recognized as the DAISY Award® recipients for 2022.



DAISY Award Recipient, Valerie Blechle, APN FNP-BC



DAISY Award Recipient, Sarah Rathert, RN

You to nurses for the extraordinary care they provide patients and families every day. So, Pat's family created The DAISY Award® for Extraordinary Nurses. What started out as a thank you from their family to nurses has grown into a meaningful recognition program embraced by thousands of healthcare organizations around the world. We are very proud to partner with DAISY as we have extraordinary nurses here at Memorial Hospital

The DAISY Award Winners Valerie Blechle Sarah Rathert

Members of the family of Patrick Barnes established the DAISY Foundation in 1999. He was 33 years old when he died of complications of the autoimmune disease ITP. Like many families we see every day who go through this kind of horrific loss, the Barnes family wanted to do something positive to honor the very special man Patrick was. Therefore, as they say, over a "liquid" dinner right after Pat's death, they came up with DAISY – an acronym for Diseases Attacking the Immune System. As they brainstormed what The DAISY Foundation would actually do, they kept coming back to the one positive thing they held on to during Pat's 8-week illness: the extraordinary care he and they received from Pat's nurses. The family was very impressed by the clinical care Pat's nurses provided, but what really overwhelmed them was the compassion and kindness that his nurses brought to Pat's bedside day in and day out. The nurses' sensitivity made a great difference in the Barnes' experience and they wanted to say Thank

DAISY Award winners received a leather-bound certificate, a DAISY Award Honoree pin, a daisy, The Healer's Touch sculpture, their names in the International DAISY Award Website, local recognition, and their names placed on the Recognizing Excellence wall at Memorial as a permanent legacy. Chester.

Valerie Blechle, APN FNP-BC at the Rural Health Clinics, was born and raised in Chester, IL and still resides in the rural area with her husband Chris and their three children, Ellen, Adeline, and Max. She began her career as a Nursing Assistant in the early 90s while in nursing school at SIUE and has been employed at Memorial since. During her career she has worked in the medical surgical unit, emergency and obstetric departments, intensive care unit, and as a diabetes educator. She worked in the surgery department for 10 years before making the decision to return to school to obtain her Master's Degree and become

a Family Nurse Practitioner. She has since worked at the Rural Health Clinics as a Family Practice Nurse Practitioner since July 2014. Blechle received two nominations from her co-workers, which read:

“Valerie is an amazing nurse practitioner and co-worker. Patients always ask to be scheduled with Valerie as they appreciate that she takes her time, explains everything so they understand the plan of care, and is compassionate. She is a great advocate and makes sure that patients have all the tools/information they need. Valerie frequently goes out of her way to make sure that patients are taken care of by coming in early, staying late, working weekends, and assisting other providers with their work loads and paperwork. She jumps to assist wherever she is needed. Valerie is also very flexible and goes with the flow for any schedule or process changes. If Valerie is working, you can be sure she is giving 110%. She is quick to respond to staff when they have questions or need assistance. Valerie brings positive energy to the office every day!”

“Val is a joy to work with. Her caring nature makes her an asset to our patients. She takes her time with patients and follows up. She’s willing to do what needs to be done. She is one of the most reliable employees at RHC. She is willing to step up anytime she is asked to. She’s the first one here in the morning and the last one to leave in the evenings. I could go on and on about what a great NP that she is but, she is also a truly great person.”

Blechle was honored to receive this year’s DAISY Award. She enjoys working so close to home and likes the small, close-knit atmosphere. “It’s nice to know when you care for others, or have to receive care yourself, it’s from someone you know and respect.” She also enjoys the professional and friendly relationships she has with her co-workers, “They make coming to work a pleasant experience.” Her greatest joys in life come from the time she can spend with her family, her dog Louie, and the cat. She is thankful for the nominations from her co-workers and feels blessed every day to be able to work with wonderful people.

Sarah Rathert, RN at Memorial Hospital was also a recipient of the DAISY Award®. Rathert, has been a nurse at Memorial for three years. She enjoys the people the most. “I’ve gotten to know so many awesome coworkers. I know we have each other’s backs in sometimes difficult situations and everyone works as a team.” Her co-workers at Memorial feel like a second family. She is grateful for the knowledge she has received from all of the wonderful healthcare professionals she works with. During her free time she enjoys spending time with her husband Kody, children Skylar and Dawson, friends, dogs, and chickens. She received nominations by patients and their



family members. One family even went to the effort of personally sending a letter of appreciation to the CEO, thanking the hospital for the exceptional care they received while in Sarah’s care.

“I would like to take this opportunity to send the DAISY Award to Sarah Rathert as the ER nurse. She was so nice and courteous while doing her job professionally. We want to take this time to thank and commend each and every one for your great employees and staff at Memorial Hospital, for doing such an amazing job and taking good care of the patients, being so kind, polite, and very skilled professionally.”

“Sarah was able to do my IV stick on the first try. She has a smile and personality to comfort me and was very gentle.”

DAISY Award Nominees

Tamara DeSpain	Audrie Otten
Jessica Fleenor	Melody Prather
Austin Gendron	Jerina Reese
Paige Gendron	Jessie Rodewald
Alyssa Gibbs	Kim Ruebke
Alicia Heinemeyer	Ashley Schroeder
Joetta McFarland	Kaitlynn Smith
Jennifer Morgan	

Our DAISY Nominees were presented with a daisy, a pin, and certificate. While Patrick was ill, his stepmother Bonnie noticed the great tradition nurses have for pins. The DAISY Foundation hopes you will wear your pin proudly.

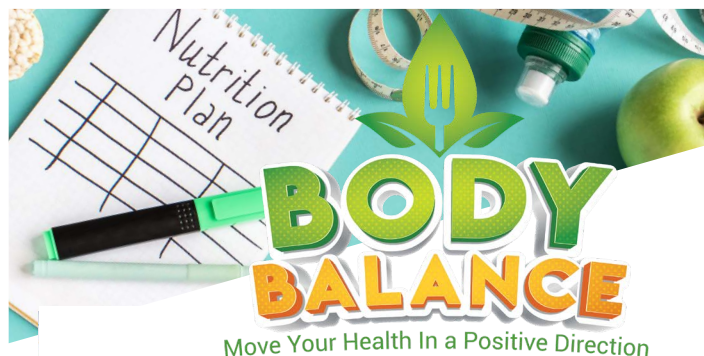
Nurses at all of Memorial Hospital’s locations, including the rural health clinics, can be nominated for the DAISY Award®. Each year, Memorial selects two recipients and recognizes all nominees. Patients, family members, and co-workers can request paper forms at any of our locations or visit our website at www.mhchester.com to nominate a nurse.

For a complete listing of healthcare organizations currently running the program, please go to <http://DAISYfoundation.org>

In addition to the DAISY Award for Extraordinary Nurses, the Foundation expresses gratitude to the nursing profession internationally in over 4,600 healthcare facilities and schools of nursing with recognition of direct care Nurses, Nurse-led Teams, Nurse Leaders, Nurses Advancing Health Equity, Nursing Faculty, Nursing Students, Lifetime Achievement in Nursing and through the J. Patrick Barnes Grants for Nursing Research and Evidence-Based Practice Projects, Medical Mission Grants their new Health Equity Grant program. More information is available at <http://DAISYfoundation.org>.

New Classes at Memorial

Two new class series will be offered at Memorial Hospital starting in January and February. These classes focus on health, wellness, nutrition, and caring for yourself. There is no cost to attend either program series and you can attend one class or make intentions to attend them all. Pre-registration for both classes is not required, but encouraged to ensure enough materials are available for all participants.



Body Balance

Body Balance is the newest group offering at Memorial Hospital. Instructed by Melissa Soellner, Registered Dietitian Nutritionist. The initial core program meets once per week for an hour for 16 weeks. Then a twice a month support a group is offered. Body Balance coaches you towards sustainable change with the support of others in similar situations. Learn facts to create habits that stick.

Ready to figure out what you can do to move your health in a positive direction? Body Balance meets you where you are now. This includes anyone gathering info or ready for action. Every week a new topic guides the group discussion. Realistic change requires accountability and support to work through unanticipated challenges.

Starting February 7, 2023
Every Tuesday 9-10am or 6-7pm
Memorial Hospital Conference Room
Cost: Free

Weekly Session Format (tentative)

- 15 min. Activity* demo
- 15 min. Weekly topic presentation
- 30 min. Group discussion and goal setting
- * Flexibility, strength or balance

Program Details:

- Meet weekly for 16 weeks
- Follow up support group twice per month
- Optional weigh-in
- Confidentiality & liability agreements required

Weekly Discussion Topics

Nutrition Pitfalls	Triggers and Obstacles
Marketing and Media Ploys	Realistic Change
Stressors	Doable Goals
Mindfulness	Practical Eating
Metabolism Disruptors	Simplified Cooking



Keys to Embracing Aging

This Senior Wellness Series is instructed by Robin Ridgley, Family Life Educator with the University of Illinois Extension Office. She shares how aging can be positive, joyful, and exciting.

Aging is an inevitable and unavoidable process that affects each and everyone uniquely. It brings on many changes as a person develops throughout the lifespan. The way in which you take care of yourself through the years both physically and mentally will impact the way in which you age. Many lifestyle behaviors and choices are integrated, thus there is a strong association between healthy lifestyles, prevention and longevity.

Tuesdays (with minor exceptions)
10:30-11:30am
Memorial Hospital Conference Room
Cost: Free

12-Month Class Schedule and Topic

- 1/24 - Positive Attitude
- 2/28 - Eating Smart
- 3/28 - Physical Activity
- 4/27 - Brain Activity
- 5/30 - Social Activity
- 6/27 - Tuning In to the Times
- 7/25 - Safety
- 8/29 - Know Your Health Numbers
- 9/26 - Stress Management
- 10/31 - Financial Affairs
- 11/28 - Sleep
- 12/19 - Taking Time for You

Pre-Register:

www.mhchester.com/calendar-of-events

For more information:

618-826-4581

Body Balance - Melissa Soellner ext. 1170
 Keys to Embracing Aging - Mariah Bargman ext 1363

Upcoming community Events

MEMORIAL
HOSPITAL
—Since 1962—



January 24 - Positive Attitude

February 28 - Eating Smart

March 28 - Physical Activity

April 27 - Brain Activity

10:30-11:30am | Cost: FREE | Open to Anyone

Memorial Hospital - Conference Room | Register Online at: www.mhchester.com

Presented by the University of Illinois Extension Office



Beginning February 7

Every Tuesday (for 16 weeks) | 9-10am or 6-7pm

Cost: FREE | Open to Anyone

Memorial Hospital - Conference Room | Register Online at: www.mhchester.com

Presented by Melissa Soellner, RDN



COVID Booster Clinic: February 7 | 8:00am-5:30pm

Memorial Community Pharmacy - West Side Entrance

By appointment only. Call 618-826-4581 ext. 1349

COVID Booster Clinic - Moderna Bivalent Booster

In need of your first COVID vaccine? J&J (Janssen) Primary Series Dose Available



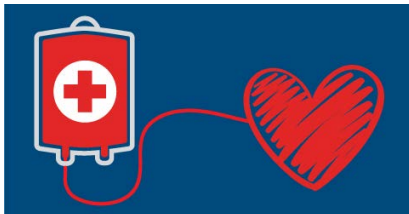
February 10 | April 14 8:30am-3:00pm

Cost: FREE Anyone is Welcome to Attend

Memorial Hospital - Conference Room, Presented by ComWell

To register email kkennedy@comwell.us

Sometimes, first aid isn't a bandage, or CPR, or calling 911. Sometimes, first aid is YOU.



February 15, 12:30-5:30pm - American Legion, Chester

March 14, 11:30am-4:00pm - Hospital Conference Room

April 12, 12:50-5:30pm - American Legion, Chester

Sign-up to Donate: www.redcrossblood.org



February 23 | Doors Open 6:00pm, Dinner Served at 6:30pm

Cost: \$25 | Limited Seating Available

Chester Country Club | Reserve Tickets at: www.mhchester.com

or contact Mariah Bargman at 618-826-4581 ext. 1373

or mbargman@mhchester.com

Wine Tasting Provided by Eric Winters, PRP Wine International

Guest Speaker Kendell Boysen, Professional Life & Addiction Recovery Coach

"Tapping Into Your Power While Guarding Your Heart"

Heart Healthy Dinner and Dessert Catered by the Chester Country Club

Attendance Prizes, Complimentary Wine Glass, Informational Booths



March 10 | 7:30am-11:30am

Cost: \$2 Anyone is Welcome to Attend

Buena Vista National Bank 1309 Swanwick Street - Chester, IL

Cholesterol, Glucose, Blood Pressure Screening Included.

PSA Vouchers Available for \$10.

Community CARE

Memorial Hospital Employees, Out & About in Our Community

Rhonda Mott, Chief Radiology Technician and Heather Williamson, Mammography Technician attended the Chester High School Pink Out Volleyball Game in October. Our mammography and chemotherapy departments enjoyed sharing information and goodies with those in attendance and honoring and supporting the survivors and fighters.



Julie Stern, Director of HR spoke to the Randolph County StartUP class in December. She coached the students on the dos and don'ts of job interviews. It is always a pleasure to work with the program organizers and help these aspiring young adults get a jump start in career exploration.



Kim Ruebke, ER Nurse Manager and Mariah Bargman, Marketing and Community Relations Coordinator presented to the 2nd grade class at St. John Lutheran School in October about Poisons. The students learned how some things that are poisonous can often look like candy or sports drinks. They learned to always ask an adult before eating or drinking something if they were unsure if it was safe.



Memorial Hospital employees came together again this year to help provide a brighter Christmas for 18 children. We are always amazed at the generous and caring hearts our employees have, not only for the patients we serve but for our community as a whole. Thank you to all of our departments and employees who helped Memorial Hospital provide a very Merry Christmas for so many this year.



What happened last quarter?

Employee of the Quarter

Brett Bollmann, CEO at Memorial Hospital named Kimberly Fulmer Employee of the Quarter for the Fourth Quarter 2022 on January 9, 2023.

Fulmer, Health Information Management Associate, has worked at Memorial Hospital for three years. When asked what she likes most about working at Memorial, Fulmer replied, "I love the people that work here, the atmosphere feels homey to me and I love assisting our patients and my co-workers." Memorial has held a special place in her heart since she was a child and was admitted to the hospital for a week with mono.

Her co-workers who nominated her wrote, "When we heard about this award, there was no questions who we would nominate. This employee has the best personality, is one of a kind, and is always so friendly to our patients, office staff and community. She is always willing to help anyone and goes above and beyond to help our patients. She is definitely an asset to our Hospital and the HIM

Department! There have been many new faces in the HIM Department and this employee has been so generous in helping them grow in their career. She is proficient in her day-to-day work and excels at her position. If anyone is struggling or has a question this employee always has the answer. When it comes to relationships, her kind heart shines as she makes every individual feel special in their own way. We can confidently say that she is the glue of this team. We are thankful that this job has brought not only a co-worker, but someone to admire, which is why Kimmie Fulmer deserves the award!"

Fulmer resides in Rockwood, IL with her fur children, Kaiser and Winter. In her free time, she loves to spend time with family, friends and her 4-legged kids. She enjoys spending time outside taking walks and gardening. She also loves showing off her pups on Instagram with their homemade bandannas and bows.

Each quarter employees are encouraged to submit "star cards" for their co-workers who



Brett Bollmann, CEO and Kimberly Fulmer

go above and beyond in their patient care or team work. Four random cards were drawn, Stephanie Guethle, CNA; Sharon Simpson, HR Payroll & Education Specialist; Stan Gaertner, Specialized Engineer Craftsman; and Kayla Bert, Admitting Representative, were the winners of a monetary award for their star nominations.

ICAHN '4 Under 40' Recipient

Mariah Bargman, Marketing and Community Relations Coordinator at Memorial Hospital, was awarded the "4 under 40" leadership award at the Illinois Critical Access Hospital (ICAHN) conference on November 10th 2022 in Champaign Illinois. This award honors four professionals, out of the 52-ICAHN member hospitals, who are making a significant difference and have demonstrated success in their careers.

Bargman has been an employee at Memorial for 5 years and during that time has influenced their social media presence, brought changes to the Hospital Quarterly Newsletter, "The Lamp," and created an employee bi-weekly newsletter to improve communication amongst staff. She has enhanced programs to increase student relations with the hospital such as the Medical Explorers Program and Child and Babysitting Safety Classes. She works with the hospital departments to offer additional resources and classes on a variety of topics.

Her work and volunteerism expand beyond

the hospital to her roles in the community. She is a Chester Chamber of Commerce Board Member, Southwestern Illinois Regional Leadership & Development Committee Member, St. John's Lutheran School PTL President, LifeSavers Training Corporation Board Member and Secretary, and Chair of the Southern Illinois Substance Abuse Alliance (SISAA). Through her involvement in these organizations, she works on partnerships to better the community and ties things back to the Hospital and where they can be of service. She also spends much time with her husband, Charlie, and their two sons, participating and coaching athletic programs throughout the year.

Memorial Hospital's CEO, Brett Bollmann, presented during an award ceremony at the conference and shared these professional accomplishments and strong record of outstanding performance. He had this to say about her impact on the hospital, "Those that know Mariah, know she doesn't just come up with ideas, she helps to design an action plan and then works at the activity to ensure it is



Julie Stern, Director of HR; Mariah Bargman, 4 Under 40 Recipient; Brett Bollmann, CEO

successful! Memorial Hospital is extremely proud to have Mariah as a staff member and she exemplifies what it is to be EXCELLENT and deserves the award for '4 under 40'!"

Bargman was presented with a plaque of recognition and had shared this statement, "my co-workers' strength, perseverance, and dedication to caring for others, drives me to do all I can to help support their efforts and highlight their achievements. The reward of helping others has drawn me to this career, and I am proud to be honored by ICAHN and nominated by Memorial for this award."

What happened last quarter?

Service Awards

Each year, staff celebrating milestone anniversaries are honored with a certificate of recognition and appreciation along with a monetary gift. During the special recognition week, Brett Bollmann, CEO and Department Heads, presented employees with their Service Awards. Memorial Hospital would like to thank all of our employees for their years of dedication and helping us provide quality, compassionate care to the community, we serve. We are grateful to have such wonderful staff members who go above and beyond each day in the care they provide for our customers and the teamwork they show their co-workers.

5 Years

Mariah Bargman
Christine Barthol
Kristie Bradley (not pictured)
Barbara Cagle
Nichole Clifton
Amy Eggemeyer
Paige Gendron
Meribeth Golding

Dr. James Kirkpatrick
Jane Prevallet
Julie Riggins
Erin Roth
Kaitlynn Smith
Emily Snider
Melissa Soellner
Jessica Valleroy

10 Years

Leah Freytag
Teresa Jackson

Dr. Joseph Molnar (not pictured)
Jessie Rodewald

15 Years

Jerre Atchison
Shane Chandler
Lori Cushman

Trecka Runyon
Judy Springs

20 Years

Kristy Bert
Tamara Despain
Kristina Jany
Tracy Loos

Tabatha Pinkley
Kari Schaefer
Donna Schroeder
Cindy Sparks

25 Years

Stan Gaertner
Julie Hartman

Janet Koch
Deana Tudor

30 Years

Michelle Bert
Rebecca Bunselmeyer
Jeanette Decker

Heide Knop
Kathleen Winkler

45 Years

Dr. Stephen Platt



Thank you for your years of service!

What happened last quarter?

It Was Only A Drill

"On the morning of 12/16/2022 a mild earthquake took place in the area. Shortly following, Memorial Hospital started receiving calls of incoming injuries." Don't worry, this was only a drill. We repeat, this was only a drill.

Memorial Hospital's Emergency Response Team drills annually to assess the Command Structure process and effectiveness of communication between the command center, triage, and emergency room. This allows all employees to practice their emergency response roles. The entire scenario lasted about an hour and a half.

During the drill and in a real emergency, employees are assigned specific tasks to aid in triage and tracking of patients, and communication throughout the hospital and the command center. Many drills take on the assumption that regular forms of communication may not be available (i.e. phone lines, internet, and even power out-



Greg Crain, Tara, & Rachel Garniss



Kimberly Fulmer, Tara Wittenborn, Lacey Hartman

ages). The employees learn how to adapt their communication and processes while continuing to provide care to the increase of patients arriving at their facility.



Ashley Homan and Kristy Bert



Melissa Lyons

One mannequin was reported as a casualty due to his injuries. The others were treated for their wounds and survived. Memorial has several new employees, "so this was a learning experience for a lot of staff and a review for many," said Georgia Stipe, Emergency Preparedness Coordinator at Memorial. We are happy to report that all staff responded quickly to the incident and played out their roles with efficiency.

November 17, 2022

#powerofrural

National Rural Health Day

Celebrating the Power of Rural!

IT'S NOT JUST A DAY, IT'S A MOVEMENT.



Celebrating National Rural Health Day

The third Thursday of November is recognized annually as National Rural Health Day. At Memorial we take pride in serving our rural community and celebrate our strengths and advantages. This year, we asked our staff to share *what they love about working in a rural community*.

"I choose to work rural to provide quality imaging and new services to the surrounding community to allow patients easier accessibility as opposed to traveling to a larger facility."

- Andria Zweigart,
Director of Diagnostic Imaging

"I enjoy working at the Rural Health Clinic because I love that I know most of our patients. It's nice to have conversations with them other than medical related ones. Since we are in a rural area, we have a lot of community involvement in the different events that we host."

- Soleil Brunkhorst - RHC Receptionist

"I love working in rural health because I know most of our patients and their families by name. I love that patients know me and my family and ask about my boys all the time. Patients love to see pictures of our family. "

- Tabatha Pinkley, RHC Receptionist

"Working in rural health allows you to really know your patients and their families. You occasionally get to see them about the town. And I love the short commute!"

- Lisa LaRose, RN House Supervisor

"For me, it's a definite advantage. Many of the patients I know on a first name basis. I grew up in Coulterville and I currently live in Sparta. Randolph County will definitely be my home for a long time. I enjoy living the rural life."

- Jason L Springs, MLT

"I love working close to home and taking care of my community members."

-Susan Diddlebock, Chief Nursing Officer

"I have worked at the Rural Health Clinic for 12 years and really enjoy the atmosphere."

We are able to get to know our patients on a more personal level and it helps us to better serve them. I was raised in Chester and feel privileged to be able to give care to the people of our community."

- Torrie Davitz, RHC Nurse Manager

"Everyone has a story they like to tell you and the slower pace allows us to lend an ear for it." - Anonymous

VOLUNTEER & AUXILIARY NEWS

Hospital Auxiliary Tree of Remembrance

Memorial Hospital Auxiliary's 2022 Tree of Remembrance fund drive has raised a total of \$6,636.80. The Auxiliary is able to assist the hospital in purchasing needed equipment for various departments through the community's generous donations/memorials. Funds collected this year will be used to purchase a Centrella Smart+ Bed.

This bed helps meet the changing need of healthcare facilities and delivers elevated care through optimized patient safety, enhanced patient satisfaction and advanced caregiver-focused technology. The new bed will feature an in-bed scale for patients with a weight range of 70 - 500 lbs., motion activated nightlight, patient storage in the siderail, USB charger, obstacle detection system and LCD touchscreen. Cost for this bed is \$13,587.63.

Those wishing to make a donation or memorial contribution in honor of a loved one may do so by dropping the contribution in the Tree of Remembrance box in the hospital front lobby, online from the Memorial Hospital Website or Facebook page, or by mailing it to:

Tree of Remembrance Chairman Apryl Bradshaw
Memorial Hospital
1900 State Street
Chester, Illinois 62233

Donations received to date include:

Honorable Judge William and Evelyn Schuwerk
St. John's Lutheran Church of Bremen
Arbeiter Law Offices
Chester National Bank
Chester Electrical Supply, Inc.
Richard and Beverly Allison
Buena Vista National Bank of Chester
Chester Eyecare
Gerald and Gail Meyer
Joan Jones
Pat Friess
Dr. Stephen and Diane Platt
Barb Hall
The Manor at Craig Farms, LP
Alice Lyons
Rosemary Bert

Happy 75th Birthday Greg Crain

Volunteer, Greg Crain, spent his 75 Birthday greeting guests at Memorial, on November 17, 2022. The desk was decked out with birthday wishes and the dietary team made sure he didn't go un-recognized by baking a special treat.

His dedication to our hospital and the community he serves goes above and beyond. Even on his birthday he wanted to be right here greeting customers and hanging out with staff.

Thank you Greg for volunteering at Memorial and we all wish you the happiest birthday!



To learn more about the Memorial Hospital Auxiliary or Volunteer Program, visit: www.mhchester.com/volunteer or call Apryl Bradshaw at 618-826-4581 ext. 1299.

Memorials received to date include:

- William K Smith, Lily Smith and Lydia Smith in remembrance of Jenifer Hitmeyer King. Mrs. King was a great coach and a great person. She taught lots of girls how to improve themselves in sports and we miss her!
- Pam Pechacek & Family in remembrance of Ron Pechacek
- Beta Nu Chapter in memory of BSF Sisters
- Judi Hirte in remembrance of my parents, Keith Rednour & Berniece VanSant
- Barbara Ann and Gordon L. Holley in memory of parents Gordon V. and Roseanne Holley & Charles and Lois Hirte
- Joyce Surman in memory of our daughter, Lori McCartney
- Russell and Linda Rader in remembrance of our brothers LCPL Charles Rader and PFC Leonard Nitzsche
- Ken and Virginia Rowold in memory of the Otto Rowold and Wm. O, Welge family members
- Dr. & Mrs Zemlyn and Family in remembrance of Dr. Milton Zemlyn, Rosemary Zemlyn, JoBeth McAdams-Zemlyn and Paul Zemlyn
- The honorable Judge Richard Brown in loving memory of Barbara Brown
- Carolyn Schwent in memory of Gary Schwent, Mike Jungewaelter, Karen Deppe, Rick Cash, Phil Fluck, and Larry Costilow.
- The "B.V. Gals" in memory of Rosie Craig, Marion Lutz, Millie Layton, Carole Malley, and Marlene Seymour
- Janice Dettmer and Gina & Shawn Straight in memory of Herman & Louise Dettmer and John & Rose Leaders
- Janice Dettmer and Gina & Shawn Straight in memory of Ray and John Dettmer
- Greg and Rosemary Crain in memory of Homer & Elizabeth Crain, John & Sis Bauer, and John Bauer, Anthony Bauer, Greg Bauer.
- Janice Dettmer in memory of Wilma Kothe
- Judy Leaders McLeod and Family in memory of Mark C. McLeod and John & Rose Leaders
- Rhonda Bockhorn in remembrance of Betty Jean Wagner
- The Kordys Family in remembrance of Bonnie and Harry Jones
- Dale and Marsha Link in remembrance of Charles Link, Jean Link, Harold Link, Ina Link, Jack Link, Ronald Link, and Bonnie Link Horn
- Beverly Bollman in memory of Don Bollman, Cindy & Jack Clendenin, Helen & Vernon Slamm
- Emily Lyons in memory of Camille and Blasé Lyons
- Julia Wunderlich in memory of Vernon Wunderlich and Mark Wunderlich.
- Linda Butler in memory of Tony Beckner
- Mary Alice Welge and Julia Saak in memory of Mr & Mrs. Brockey Childers
- Julia Saak and Mary Alice Welge in memory of Frances Jarvis
- Mary Alice Welge and Family in memory of Donald E. Welge
- Mary Alice Welge and Family in memory of 1st Lt. Bruce R. Welge
- Mary Alice Welge and Family in memory of Mr. & Mrs. William H. Welge
- Mary Jo Verseman in memory of Roger & Ruth Petrowske, Brian Petrowske and Don Verseman
- Donna Clendenin in memory of Husband Len, Mother Pansy, Dad Jimmy and Brother Jim
- Ida, Gary & Stan Gaertner in memory of Paul R Gaertner
- Clifford and Jean Jungewaelter in memory of Michael Jungewaelter
- Joseph and Marla Johnson and Family in memory of Cole Carnahan
- Sandra Benedict in memory of Frank Benedict
- Robert and Brenda Owen In memory of Betty & Roger Ohlau and Jane & Phil Owen
- Bob and Linda Marcinkowska In memory of our loving daughter Megan Marcinkowska
- Larry and Imogene McDonough In memory of loved ones
- The Guthman Family In remembrance of John & Jessie Guthman; Bonnie Jones; and Donna Strothmann
- Darrel Ehlers In memory of Carol Ehlers
- Cynthia Lawder In memory of Shelby Lawder
- Mike & Betty Welge In memory of Mr. & Mrs William H Welge; 1st Lt. Bruce Welge; Mr. Donald Welge; Mr. & Mrs. Bernice Cushman; Mr. Michael Joseph Cushman; Mr. Herbert Holzum; Mr. & Mrs. Jerry Davitz
- Donna Eggemeyer In remembrance of my Mom and Dad, Roger and Ruth Petrowske
- Royce & Shelly Hoops, Lauren and Alyssa In Honor of James Brockmeyer and all our family's loved ones
- Bruce and Mary Brown In memory of Art Maes Family and S.F. Brown Family
- Dr. Allan and Louise Liefer In memory of Sam and Mathilda Stermer and Elmer and Elsie Liefer
- Charles and Norma Baughman In Memory of George & Ethel Bargman; Charles & Fern Baughman; and Marguerite Baughman
- Auxiliary Board In memory of Robert Koenegstein.

MEMORIAL HOSPITAL'S SERVICES

Bone Density Screening	3D Mammography
Chemotherapy & Infusion Center	Nuclear Medicine
CT Scans	Radiology/X-Ray
Diabetic Resources	Same Day Surgery
ECG & EEG	Sleep Disorder Treatment & Lab
Endoscopy	Sonography/Ultrasound
Intensive Care Unit	Swing Bed Program
Lung Screening	Treadmill Stress Testing
MRI	Wound Center

MEMORIAL HOSPITAL'S SPECIALTY PROVIDERS

***Bringing Specialty Clinic Doctors to you
so you don't have to travel away from home.***

Allergy/Immunology Douglas Berson, M.D.	Orthopedics Robert Golz, M.D. Robert Deaton, FNP-C
Audiology C. Joseph Hopper IV, AuD	Otolaryngology/ENT Samuel Medaris, M.D.
Cardiology John Groll, M.D. Gangadhar R. Malasana, M.D. Caitlin Edwards NP	Pain Management Tong Zhu, M.D. PhD.
Gastroenterology Matthew Gaeta, M.D.	Podiatry Amanda Hart, DPM Dr. Eric Whittenburg
General Surgery Ziya Baghmanli, M.D. Margret De Guzman, M.D.	Rheumatology Richard Brasington, M.D.
Nephrology Vamsi Chilluru, M.D. Leslie King, WHNP-BC, APN	Sleep Lab Terry Brown, M.D.
Neurology James Goldring, M.D.	Urology Sam Stokes III, M.D. Wesley Howell, PAC
Oncology/Hematology Justin Floyd, D.O.	Vascular Surgery Ricardo Rao, M.D.
	Wound Center Margret De Guzman, M.D.

**To learn more about our specialists call Memorial
Hospital Specialty Clinic at (618) 826-4581 ext. 1366**

Welcome New Employees

Rachel Young	Megan Prather
Kelly Jany	Brittany Williams
Grace Knop	Michelle Davis

Congratulations Retiree

Cindy Neely

24 HOUR EMERGENCY ROOM SERVICE



CONVENIENT CARE

HOURS:

SUNDAY-SATURDAY

8:00AM - 8:00PM

A Triage Nurse will perform an initial assessment. The Triage Nurse and/or Physician shall have final authority in determining whether the patient's medical condition qualifies them for treatment in Convenient Care.

If the patient does **NOT QUALIFY**, they will be offered Emergency care.

If the patient **DOES QUALIFY**, they will be charged for this service at a reduced rate. Any testing (lab tests, X-rays, etc.), supplies used, or medications given are at an additional cost. Additional reviews of X-ray or lab work may be necessary and will be charged separately.



JOIN OUR TEAM

- Paid PTO and Holidays
- Paid Pension
- Tuition Reimbursement Program
- Insurance Options: Health, Dental, Vision, & more.
- Discounted services up to 60% off for services provided by Memorial Hospital, Chester.
- Fitness Program
- Deferred Compensation

View current positions & apply at:
www.mhchester.com



Sign-up for an electronic newsletter at:
www.mhchester.com



1900 State Street - Chester, IL
618-826-4581