

MEMORIAL HOSPITAL'S The LAMP QUARTERLY NEWSLETTER

Vol. 2 Issue 3 - July 2021

Memorial Hospital Receives Gold Seal of Approval®



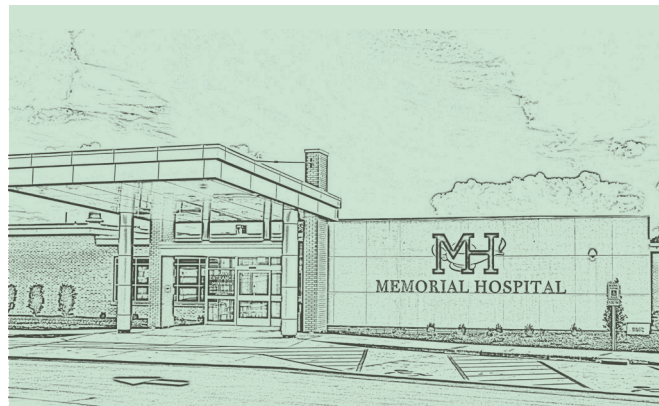
Memorial Hospital of Chester, IL received a Gold Seal of Approval® from The Joint Commission following their survey in March 2021. The Joint Commission is a global driver of quality improvement and patient safety in health care. Memorial voluntarily participates in a thorough evaluation once every 36 months conducted by The Joint Commission. The goal of the evaluation is to see if the facility meets The Joint Commission's rigorous performance standards in delivering, quality, safe care.

The Joint Commission accredits and certifies more than 22,000 health care programs worldwide and focuses on continually improving health care by setting the highest standards for health care quality throughout the world. By meeting these standards, Memorial received an internationally recognized symbol of quality, The Gold Seal of Approval®.

Accreditation by The Joint Commission is considered the gold standard of health care. During the survey, health care professionals, who are experts in their fields, visited Memorial's facilities to conduct their reviews and monitor how well the staff:

- Provide a safe environment for patient care
- Educate patients about the risks and options for their diagnosis and treatment
- Protect the patients' rights, including privacy rights
- Evaluate patients' conditions, before, during and after diagnosis and treatment
- Protect patients from infection
- Plan for emergency situations

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Upcoming events:

COMMUNITY BLOOD DRIVES

- August 18 | 1:00pm-6:00pm - Chester Amer. Legion
 - September 2 | 11:30am-4:00pm - Memorial Hosp.
 - October 20 | 1:00pm-6:00pm - Chester Amer. Legion
- Schedule your appointment at [RedCrossBlood.org](https://www.redcrossblood.org) or by calling 1-800-RED CROSS (1-800-733-2767).

PRENATAL CLASS

July 24 | 8:00am-12:00pm

Location: Memorial Hospital

Pre-Registration Required, Call 618-826-4581 ext. 1223

FREE SPORTS PHYSICALS

Steeleville, Trico, & St. Marks Students Only

July 26-30 & August 9-13 | 8:00am-10:00am

By appointment only. Steeleville Family Practice
602 W. Shawneetown Trail - 618-965-3382

FREE WEIGHT LOSS GROUP

New Group Sessions Starting August 24 at 5:30pm

Contact Melissa Soellner for details: 618-826-1170 or visit www.mhchester.com/diabetic-resources

Ask to join the Memorial Hospital Weightloss Facebook Group at: www.facebook.com/groups/MHweightloss

MEDICAL EXPLORERS REGISTRATION

August 25 & 26, 3:00pm-5:00pm

Memorial Hospital Cafeteria - High School Freshman through individuals 21 years of age.

More information: www.mhchester.com/exploring

MEMORIAL HOSPITAL

—Since 1962—

RURAL HEALTH CLINICS

FAMILY HEALTH CARE

Newborn Through Geriatrics

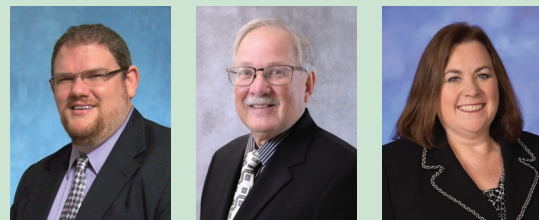
Medicare Wellness Visits	Minor In Office Procedures
Immunizations – VFC Provider	DOT Physicals
Age Specific Wellness Exams	Same Day Appointments
Injection Therapy	School & Sports Physicals
Family Planning	Patient Portal

CHESTER CLINIC

2319 Old Plank Road - Chester, IL 62233
618-826-2388

STEELEVILLE FAMILY PRACTICE

602 W. Shawneetown Trail - Steeleville, IL 62288
618-965-3382



James Kirkpatrick, M.D. • James Krieg, M.D.
Lisa Lowry-Rohlfing, M.D. • Joseph Molnar, D.O.
Stephen Platt, M.D. • Angela Albertini, PA-C
Valerie Blechle, APN, FNP-BC • Jamie Hess, PA-C

Get Kids Caught Up on Vaccines for a Safer Return to School

Everywhere you turn, you are hearing the word “vaccine.” The COVID pandemic has helped this word make a resurgence although much hesitancy is present among Americans regarding the safety and effectiveness of vaccines.



Vaccines have been around since the late 17th century with the development of the first smallpox vaccine by Edward Jenner. Since then, many disease-fighting vaccines have become available in the United State that have helped reduce once prevalent life-threatening illnesses such as Measles, Whooping Cough, Streptococcus Pneumonia, Mumps, and Chickenpox. Recommended vaccines are administered to persons in the U.S. starting at birth and then at scheduled ages throughout their lifespan. According to the Centers for Disease Control and Prevention (CDC), “On-time vaccination through childhood is essential because it helps provide immunity before children are exposed to potentially life-threatening diseases.” The U.S. Food and Drug Administration (FDA) ensures the safety, quality, consistency, and effectiveness of all approved vaccines.

Vaccines are our chance to help save lives. “There are some conditions in medicine we still have little to no treatment options,” explains Dr. James Kirkpatrick, Family Healthcare Provider at Memorial Hospital’s Rural Health Clinics. “Vaccines are a great tool that we use routinely to accomplish this goal.” For example, the HPV vaccine, now recommended for boys and girls ages 11-12 years of age help protect them from the HPV virus, which is the leading cause of cervical cancer. The HPV virus can also cause other cancers including throat and mouth cancer in both men and women. “The HPV vaccine is the best preventative that we have currently in helping prevent these cancers,” expresses Dr. Kirkpatrick.

Still many question the safety of the COVID-19 vaccines available due to the speed at which they were produced, approved and administered. For those who feel the vaccine may have been “rushed”, Valerie Blechle, APN, FNP-BC, at Memorial Hospital’s Rural Health Clinics, provides this advice, “keep in mind that in our lifetime NONE of us have ever experienced a pandemic of this magnitude. We are fortunate to live in a time where medical technology has advanced to the point where this can be offered. If we can prevent even a few senseless deaths or long-term complications, why wouldn’t we try?”

Through the advancement in science, technology, and what we know about viruses and diseases, vaccinations are our strongest weapon. Valerie shares that she is, “thankful to live in a time where dedicated scientists can perform such amazing results quickly, safely and effectively. “I applaud the FDA for its emergency use authorization of the COVID-19 vaccine and the CDC & Advisory Committee on Immunization Practices (ACIP) for its efforts to ensure the fair and equitable distribution of vaccines.” Through the data collection and rigorous studies by the FDA, the vaccine has proven to be a strong fighter against the COVID-19 virus. ([Learn more](#))

Memorial Hospital suggests talking to your child’s healthcare provider about you and your child’s recommended vaccinations and the COVID-19. Ensuring that your entire family is up to date on their vaccines is important to keeping your household healthy during the school year.

To learn more about CDC recommended vaccines and a vaccine schedule visit: www.cdc.gov/vaccines/parents/schedules/index.html

Don't Postpone Your Preventative Care

Postponing your healthcare could lead to longterm health problems. With regular check-ups and screenings some of the health issues you encounter could be detected early when treatment and simple lifestyle changes can prevent disease progression. Making sure you schedule preventative check-ups and screenings could save your life and help put your mind at ease. Some of the top leading causes of death are the results of preventable diseases such as: heart disease, cancer, chronic respiratory disease, and stroke. Early detection and intervention increases your chances for treatment and a cure.

Along with regular screenings and check-ups it is important that you and your family stay current on immunizations. Staying current on your immunizations and ensuring your children do is important to prevent diseases from the following:

- Chickenpox
- Hepatitis B
- Meningitis
- Tetanus
- Diphtheria
- HPV
- Mumps
- Rotavirus
- Hepatitis A
- Measles
- Rubella
- Whooping Cough

Call your family practice provider today to determine when your families next immunizations are due or visit the CDC's website to view a recommended vaccine schedule for individuals of all ages:

www.cdc.gov/vaccines/

Don’t put off your routine visits or health screenings, call your family practice provider to determine when you should schedule your next routine visit for screenings.

SCHEDULE NOW

BACK TO SCHOOL PHYSICALS

Contact Memorial Hospital's Rural Health Clinic in Chester or Steeleville to schedule your child's school physical.

Chester Clinic
618-826-2388

Steeleville Family Practice
618-965-3382

www.mhchester.com

Just for Fun

Donna Schroeder, RHC Record Custodian organized a fun Superlative recognition for her co-workers at the Rural Health Clinics. Recipients received certificates and candy bars. It was a fun team-building event that recognized employees for their special skills and brought some smiles to their faces.

RHC SUPERLATIVES 2021:

BEST SINGER
AMBER SMITH

HONORABLE MENTIONS
SOLEIL B., LISA W. AND ERIN W.

BEST HAIR
HEATHER SMITH

HONORABLE MENTIONS
CYBILL D., EMILY S., AMANDA S., DR. PLATT AND DR. MOLNAR

BEST PHONE VOICE
TABBY PINKLEY

HONORABLE MENTIONS
ERIN W., AMELIA G., AMANDA R. AND DONNA S.

BEST SENSE OF HUMOR
CYBILL DEROUSSE

HONORABLE MENTIONS
DR. MOLNAR, TERESA J., TABBY P., ERIN W. AND AMANDA S.

HARDEST WORKER
LISA WINGERTER

HONORABLE MENTION
AMANDA J., TORRIE D. AND AMELIA G.

BEST BEDSIDE MANOR
JAMIE HESS

HONORABLE MENTIONS
VAL B., HEATHER S., DR. PLATT AND DR. KIRKPATRICK

BEST TEAM PLAYER
AMANDA JOHNSON

HONORABLE MENTIONS
JESSICA V., HEATHER S., LISA W., LAURIE R. AND DR. KRIEG

BEST SHOT GIVER
LAURIE RICHARDET

HONORABLE MENTIONS
CYBILL D., LISA W., HEATHER S. AND AMANDA J.

BEST BABY CALMER
KATHY BOHNERT

HONORABLE MENTION
LISA W., DR. KRIEG, JULIAN M. AND DR. PLATT

FASTEST ROOMER
HEATHER WINGERTER

HONORABLE MENTIONS
LAURIE R., LISA W. AND LEAH F.

CONGRATS!!!
YOU ARE ALL AWESOME & WORK WELL TOGETHER!!

*Caring for you throughout
your life span.*

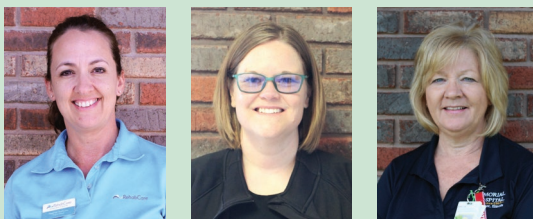
*Treating pediatrics, youth, adults,
and geriatrics.*

**SPECIALIZED
SERVICES:**

Sports Rehab
Balance Rehab
Vertigo
Stroke Rehab
Hand Therapy
Pool Therapy
Urinary Incontinence
Manual Therapy
Orthopedic Rehab

**SPECIALIZED
EQUIPMENT:**

Bariatric Treadmill
Biodex Balance
System
Mechanical Traction
Ultrasound
Electrical Stimulation
Fluidotherapy
Iontophoresis



Heather Huck,
Occupational Therapist/Rehab Clinical Leader
 Heather King, *Speech-Language Pathologist*
 Anita McDonough, *Physical Therapist Assistant*
 Elphie Busayong, *Physical Therapist*
 Brandi Salger, *Physical Therapist Assistant*

THE UNIQUE ROLE OF OCCUPATIONAL THERAPY IN REHABILITATION OF THE HAND

Hand therapy, a specialty practice area of occupational therapy, is typically concerned with treating orthopedic-based upper-extremity conditions to optimize the functional use of the hand and arm. Conditions seen by the occupational therapy practitioner specializing in this area include fractures of the hand or arm, lacerations and amputations, burns, and surgical repairs of tendons and nerves. Acquired conditions such as tendonitis, rheumatoid arthritis and osteoarthritis, and carpal tunnel syndrome also are treated by occupational therapy practitioners specializing in hand rehabilitation.

Occupation-Based Hand Therapy

Hand therapy typically addresses the biomechanical issues underlying upper-extremity conditions. However, occupational therapy practitioners bring an added dimension to this specialty area. They use an occupation-based and client-centered approach that identifies the participation needs of the client—what he or she wants to be able to do in daily life that is fulfilling, necessary, and/or meaningful—and emphasizes the performance of desired activities as the primary goal of therapy.

The Benefits of Occupation-Based Hand Therapy

Evidence indicates that clients view themselves in relation to their occupational abilities and roles. Injuries and conditions that interfere with life roles, habits, time use, activity patterns, occupational experiences, and full participation will create a sense of dysfunction and yearning for normalcy (Custer, Huebner, & Howell, 2014). Incorporating “usual and customary” occupational activities into treatment and focusing goals on enabling performance of those activities provides benefits to clients, including

- Preserving roles and habits, as well as related psychological well-being, through attention to details of day-to-day functioning early in the rehabilitation process
- Increasing motivation for therapy and more cost-effective rehabilitation because clients can see a direct relationship between their occupational therapy intervention and being able to resume normal participation in their activities
- Making the client a partner in his or her rehabilitation. Not all intervention can or should be completed within the clinic. Consulting with the client about what he or she can and should not do outside the clinic as well as giving “homework” assignments can address occupational goals that go beyond clinical staff time and budget constraints.

What Does an Occupation-Based Approach to Hand Therapy Look Like?

The client–therapist relationship is key to an occupation-based approach. Occupational therapists begin intervention with a client-centered assessment tool, such as the Canadian Occupational Performance Measure (Law et al., 2005). This type of tool will provide an occupational profile of the client that highlights functional deficits and desired occupational goals rather than focusing solely on the physical components of function.

- Laying a strong groundwork through the initial evaluation focuses intervention in two ways. First, the therapist will know immediately what things the client values and enjoys, and what he or she needs to “get back to.” This groundwork enables the therapist and client to collaboratively

set goals that reflect what the client needs and wants to do. Second, the client will understand that therapy is addressing his or her whole body, mind, and lifestyle—including any psychological and social issues—and not just an isolated injury.

- The practitioner may begin with preparatory methods (e.g., range of motion, muscle strengthening, physical agent modalities) or purposeful activities (e.g., simulated occupations, components of occupations or other meaningful activities). As the client progresses, the intervention expands to address actual performance of desired life tasks and occupations (e.g., self-care, kitchen tasks, work activities).
- The therapist chooses activities carefully, to be sure they relate to components or actual activities that the client will be doing during or after rehabilitation and links preparatory methods to the ultimate end goal—which is to resume active participation to the extent possible.
- Occupations (activities) may not be designed to assist with healing the injury itself; they may be used as a means of helping clients return to psychological and social well-being while waiting for their bodies to heal. Adaptations will be made to occupations as appropriate to allow for immediate engagement if that is the desire of the client. For example, an occupational therapy practitioner can support a mother with a tendon repair of her dominant hand in her desire to bake a cake for her child’s birthday by showing her adaptive techniques to compensate for her limited hand mobility. These techniques might include making cupcakes, which can be much easier than baking a cake because the paper-lined tins can be filled by scooping out batter instead of pouring it from the bowl, and using canned frosting and colored sugar sprinkles to avoid the need to forcefully grip a decorating bag.
- When possible, occupational therapy practitioners provide splints and adaptive equipment that facilitate rather than inhibit early participation in daily activities such as dressing or driving.



Heather Huck, OT, demonstrates hand exercises with patient model.

Outcomes

The ultimate goal of occupation-based hand therapy is to ensure that the rehabilitation process promotes healing while also enabling clients to perform meaningful activities both in the clinic and in their daily lives. This approach fosters positive outcomes for clients, including enhancing their satisfaction with the therapy experience and results, maintaining their ability to engage in desired roles within their family and the community, and most importantly, experiencing quality of life as they define it.

References

Custer, M. G., Huebner, R. A., & Howell, D. M. (2014). Factors predicting client satisfaction in occupational therapy and rehabilitation. *American Journal of Occupational Therapy*, 69, 6901290040p1–6901290040p10. <http://dx.doi.org/10.5014/ajot.2015.013094>
 Hand Therapy Certification Commission. (n.d.). Who is a certified hand therapist? Retrieved from <https://www.htcc.org/consumer-information/the-cht-credential/who-is-a-cht>
 Law, M., Baptiste, S., Carswell, A., McColl, M. A., Polatajko, H., & Pollock, N. (2005). *The Canadian Occupational Performance Measure* (4th ed.). Ottawa, Ontario: CAOT Publications.
 Developed by Debbie Amini, EdD, OTR/L, CHT, FAOTA, for the American Occupational Therapy Association. Updated and copyright © 2016 by the American Occupational Therapy Association. This material may be copied and distributed for personal or educational uses without written consent. For all other uses, contact copyright@aota.org.

WELCOME NEW TEAM MEMBERS



Megan Stewart, OT

Megan is a graduate of Maryville University, in St. Louis, MO, with a Masters of Occupational Therapy. She is currently in her first year of professional practice and is working PRN at Memorial Hospital's Therapy & Sports Rehab Center and at Red Bud Regional Hospital. Her favorite part about her job is, "seeing the patients succeed and progress with their independence. It's very rewarding!". Welcome Megan to the TSRC team!



Robin Hentis, PT

Robin has over 38 years of experience and is a graduate from Washington University in St. Louis with a Bachelor of Science in Physical Therapy. She worked in the medical field from 1983-97 and transitioned to teaching from 97-2020 throughout St. Clair, Randolph and Monroe Counties. She made the decision in 2021 to return to the clinical setting at the TSRC. She says she, "Loves the people interaction and seeing patients improve after getting therapy." She is enjoying being back in the medical setting. Welcome Robin!



Heather Weinhover, Program Assistant

Heather is a licensed Pharmacy Technician and worked at Shaw Pharmacy in Marissa, IL for two years before joining the Memorial Hospital Therapy & Sports Rehab Center team. She enjoys the "family type relationship" with her co-workers. She also enjoys, "caring for and helping patients and the relationships formed with them." Welcome Heather to the TSRC team!

Welcome New Specialty Providers

Memorial Hospital Welcomes Dr. Tong Zhu, M.D. PhD. specializing in pain medicine and Caitlin Edwards, NP with Dr. Malasana's cardiology team.

Dr. Tong Zhu specializes in pain medicine, physical medicine and rehabilitation. He received his medical degree from Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China. He completed his internship for General Surgery at Allegheny General Hospital / West Pennsylvania Hospital, Pittsburgh, PA. He completed his residency for physical medicine and rehabilitation and fellowship for pain medicine at UT Southwestern Medical Center, Dallas, TX. Dr. Zhu is board certified by the American Board of Physical Medicine and Rehabilitation and American Board of Pain Medicine. He joined the Memorial Hospital specialty staff in 2021.

Dr. Zhu evaluates and treats conditions related to: Neck and Back Pain, Nerve-Related Pain, Joint and Muscle Pain, and performs in-office injections. He holds outpatient clinics at Memorial Hospital on the 1st, 3rd and 5th Tuesday of each month.. Physician referrals are required.



Dr. Tong Zhu, M.D. PhD.

Caitlin Edwards, NP is a member of Dr. Gangadhar Malasana's team with Prairie Cardiovascular. She is a graduate of Indiana State University, Indianapolis, Indiana where she received her Master of Science - Family Nurse Practitioner. She is board certified with the American Academy of Nurse Practitioners and is a member of the American College of Cardiology, American College of Chest Physicians, and American Association of Critical Care Nurses. In addition to providing specialty services at Memorial Hospital, Caitlin's



Caitlin Edwards, NP

primary practice, Prairie Cardiovascular, is located in Carbondale, Illinois. Caitlin will see Dr. Malasana's patients in the Specialty Clinic at Memorial Hospital as needed on Mondays.

To learn more about our specialists visit www.mhchester.com or call Memorial Hospital Specialty Clinic at (618) 826-4581 ext. 1366

CHILD AND BABYSITTING SAFETY CERTIFIED

Memorial Hospital offered two Child and Babysitting Safety (CABS) classes this summer, one in May and one in June. The Health and Safety Institute (ASHI) and MEDIC First Aid CABS class is designed for teenagers who are planning to provide babysitting care for young children and infants. The program includes instruction on the business of babysitting, proper supervision, basic care-giving skills, and guidelines on how to recognize and handle problems that may occur. The goal of the program is to help students develop the knowledge, skills and confidence to effectively supervise and manage children in their care.



May's Certified CABS students.

During the six hour class students participate in classroom learning as well as interactive activities and hands-on skill demonstrations including diaper changing and choking and CPR instruction. The CABS classes are taught by Memorial Hospital's certified instructors, Randy Dudenbostel, Director of Materials Management and Environmental Services and Mariah Bargman, Marketing and Community Relations Manager.

For more information on Memorial's CABS training contact Mariah at 618-826-4581 ext.1373 or mbargman@mhchester.com.



June's Certified CABS students. With Medical Explorer Assistants Elseah Congiardo and Amelia Shemonic.

Memorial Hospital Neurology Clinic Offering Telemedicine Visits

Dr. James Goldring has been providing neurology clinics at Memorial Hospital Specialty Clinic once a month for many years. He recently added an additional clinic day each month thanks to the use of telemedicine technology. Through an agreement with BJC Health System, Memorial Hospital was able to obtain a state of the art "robot" specially designed for telemedicine visits. The Teladoc Health system provides personalized interactions to provide the same, quality healthcare you would receive in-person.

The robot is a mobile cart that includes a telehealth platform operating system, high resolution pan/tilt/zoom camera, and enhanced audio for speaking. The cart is controlled by Dr. Goldring using provider access software at his office in St. Louis. This allows him high quality audio/visual access to the patient from his St. Louis location, while the patient is in an exam room in Chester. It's as if he is right there in the room with you.

Dr. Goldring held his first telemedicine clinic July 6th. He is now offering telemedicine appointments monthly for patient follow up visits, and will continue his established onsite clinic day once a month. The use of this technology supports Memorial Hospital's mission to offer the community convenient access to specialty providers. Memorial Hospital extends our appreciation to Dr. Goldring for volunteering to be the first specialist to take advantage of our new telehealth program.

To learn more about Dr. Goldring and other Specialty Providers at Memorial Hospital visit our website at: www.mhchester.com. Memorial Hospital's Specialty Clinics bring skilled, professional, healthcare providers to you so you don't have to travel away from home for quality care.



Dr. James Goldring, M.D. and Denise Wilson, Clinical Assistant pictured with InTouch Vici™ telehealth device.

PROTECT YOURSELF FROM TICK BORNE DISEASES

With tick season being in affect and many people spending more time outside, it is important to watch out for ticks and the diseases they can carry, such as Lyme disease. Lyme disease is the most common disease transmitted to humans from other organisms in the United States, and affects almost 500 thousand people every year. It is contracted by humans through the bites of blacklegged ticks.

Typical symptoms of Lyme disease include fever, headache, and fatigue, as well as a characteristic skin rash that gradually enlarges and feels warm to the touch. If the disease continues to go untreated, it can lead to more serious health risks such as an irregular heart beat, dizziness, arthritis, and numbness in the hands and feet.

To prevent contracting Lyme disease, make sure you apply bug spray before going outside, avoid areas where ticks live such as wooded and brushy areas, and be aware of how to properly remove a tick if you have been bitten. Blacklegged ticks can be as small as the period at the end of a sentence, so it is important to thoroughly and carefully search for ticks after being outside. When removing a tick, use tweezers and make sure you are as close to the skin as possible and pull in a steady, even motion; jerking or being too far



Image Source: www.cdc.gov

away from the head of the tick may cause the mouth parts to stay in the skin. When disposing of a tick after removal, flush it down the toilet or place it in alcohol to ensure it is dead.

If you have any of these symptoms or feel ill after being bit by a tick, contact your family healthcare provider at one of Memorial Hospital's Rural Health Clinic locations, visit Memorial Hospital's Convenient Care, or Emergency Room if the condition is serious.

Contributing Author: Jacob Soderlund Source: CDC <https://www.cdc.gov/lyme/>



EXTRAORDINARY NURSES RECOGNIZED AT MEMORIAL HOSPITAL

Memorial Hospital of Chester held its inaugural DAISY Award® Ceremony on May 11, 2021. The five nurses nominated for the The DAISY Award® For Extraordinary Nurses were, Kim Fedderke, RN-ER; Brandy Hagene, RN-MSU; Amanda Johnson, LPN-RHC; Amy Mathis, RN-MSU; and Angie Schoenbeck, RN/Supervisor-MSU. Amy Mathis, RN at Memorial Hospital in Chester was honored with being recognized as the DAISY Award® recipient for the first half of 2021. The award is part of the DAISY Foundation's programs to recognize the super-human efforts nurses perform every day. Memorial joined the program in 2020 and plans to hold an Award Ceremony two times a year to recognize their nurses who go above and beyond.

This first recipient of Memorial's DAISY Award®, Amy Mathis, resides in Steeleville, IL and has been employed at Memorial for 5 years this coming August. She is celebrating her 20th year as an RN this year. Mathis received two nominations from her co-workers, which read,



Amy Mathis, RN

"Amy is a true example of an exceptional nurse! Throughout the past year she has eagerly assisted wherever needed: COVID Isolation Unit, COVID Testing, COVID Vaccinations, assisting with patient scheduling for vaccines, screening



stations, the COVID Hotline, and so many other duties while still performing her regular, daily nursing tasks. She does all of this with poise, compassion, and in a soothing, calming manner. She is eager to assist, learns new tasks/processes quickly and multi-tasks with fluidity and authority. She asks appropriate questions to make sure things are completed thoroughly but timely. She has the ability to see the whole picture and is able to problem solve to come up with solutions that save not only the patients' time, but her co-workers' time as well and eases the process for everyone involved. She expresses all of this, not only with her daily jobs and interactions with her staff, but with her patients and the community. Her compassion, attention to detail, and dedication to the entire working operations at Memorial Hospital and her teammates make her an ideal nomination for the DAISY Award. She is a shining example of a true team player that wants everyone to succeed in his or her roles. She is always ready to pitch in where needed. She goes above and beyond in anything she does, or is asked to do. She has been invaluable when helping this past year in the Infection Control Department and she is always a joy to work with."

DAISY Nominees and Recipient with Kristi Williams, Assistant Director of Nursing and Amy Eggenmeyer, Care Coordinator Manager

Mathis was surprised and honored to receive the DAISY Award®, she remarks, "I have felt that my calling in life, besides being a wife and mother, has been to be a nurse. I enjoy taking care of people!" Her favorite part of her positions is, "working with a wonderful team of professionals who want to see the very best for our patients. It's a joy to then see those patients doing well in the community."

The additional nominations submitted, included the following:

Kim Fedderke – submitted by a patient, "Kim is a very nice and attentive nurse. She is very friendly and saw to my every need. I really appreciated all that she did for me while I was at Memorial Hospital. Kim made my time at MH as enjoyable as possible."

Amanda Johnson – submitted by a patient, "I was scheduled for a breast biopsy. Amanda called me from the clinic and explained everything after getting it all set up. She gave me step-by-step instructions and put me at ease. She calmed my nerves and was so knowledgeable in her explanations. She even offered a wonderful option to make things more comfortable after the procedure. Amanda is a great nurse and is fantastic at her job! I feel very at ease now."

In response to her nomination, Amanda remarked, "I am honored to have been nominated for the DAISY Award®. I enjoy that everyone works together to take care of our patients."

Angie Schoenbeck and Brandy Hagene shared a patient/family encounter that was very meaningful to the patient and their loved ones. A co-worker, on behalf of the family, submitted their nomination. "Recently the medical surgical unit had a patient that was from the nursing home; he also had COVID and was in isolation. As the patient began to deteriorate, he chose to not have any extraordinary efforts made to extend his life. This patient had not had physical contact, hugging or holding his family's hands since the beginning of the COVID pandemic back in March of 2020. Angie and Brandy identified that the patient was deteriorating and reached out to the family to see if they would like to come and see the patient. They went above and beyond to assure that this patient was able to see his family, hold their hand and have comfort and closure. The nurses worked together to orchestrate permission to visit and assisted with preparing the family to be at the patient's bedside. The patient's wife continued to share with staff how grateful she was to hold her husband's hand and tell him she loved him. Both nurses were so kind in their interactions with the family, patiently answering questions and providing support. The nurses provided the patient and family with closure and comfort during the passing of the patient, and both are a prime

example of going above and beyond for patients."



Kim Fedderke, RN



Amanda Johnson, LPN



Angie Schoenbeck, RN



Brandy Hagene, RN

Angie shared the following regarding her nomination, "Being a nurse is the most rewarding career. To be able to help others who are sick or injured gives me a feeling of worth. I am also very privileged to work with the most amazing people; we are like family. I love and enjoy working at Memorial Hospital in Chester."

Brandy was honored to be nominated and shared the following remarks, "I really enjoy caring for the patients in our community. I am blessed to have such supportive and caring coworkers. I would like to say thank you to everyone for the nomination. It is a great honor!"

Nurses at all of Memorial Hospital's locations, including the rural health clinics, can be nominated for the DAISY Award®. Patients, family members, and co-workers can request paper forms at any of our locations or visit our website at www.mh-chester.com to nominate a nurse.

The not-for-profit DAISY Foundation is based in Glen Ellen, CA, and was established by family members in memory of J. Patrick Barnes. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little known but not uncommon auto-immune disease. The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families.

Said Bonnie Barnes, FAAN, CEO and Co-Founder of The DAISY Foundation, "When Patrick was critically ill, our family experienced first-hand the remarkable skill and care nurses provide patients every day and night. Yet these unsung heroes are seldom recognized for the super-human work they do. The kind of work the nurses at [hospital] are called on to do every day epitomizes the purpose of The DAISY Award."

For a complete listing of healthcare organizations currently running the program, please go to <http://DAISYfoundation.org>

In addition to the DAISY Award for Extraordinary Nurses, the Foundation expresses gratitude to the nursing profession internationally in over 4,600 healthcare facilities and schools of nursing with recognition of direct care Nurses, Nurse-led Teams, Nurse Leaders, Nurses Advancing Health Equity, Nursing Faculty, Nursing Students, Lifetime Achievement in Nursing and through the J. Patrick Barnes Grants for Nursing Research and Evidence-Based Practice Projects, Medical Mission

Grants their new Health Equity Grant program. More information is available at <http://DAISYfoundation.org>.

Memorial Welcomes Interns and Students for 2021 Spring & Summer

With the COVID restrictions being lifted in the region, Memorial Hospital's locations have had the honor of welcoming interns and students throughout the late spring and summer months to complete training hours and learn from professionals in their career of interest. Some students have since accepted paid positions at Memorial Hospital.



Erin Aitken

Erin Aitken is a May 2021 graduate of Southwestern Illinois College with an Associate in Science Degree in Radiologic Technology. As a student she completed her job shadowing and clinical hours in Memorial Hospital's Diagnostic Imaging Department and was hired in May as a Radiologic Technician. During her time in the department she observed professionals in Xray, CT, and surgery procedures with the C-Arm. Erin says that, "All the techs in the department are so kind and always have a willingness to teach you, even as an employee. I feel like I'm always learning something new."



Hillary Childers

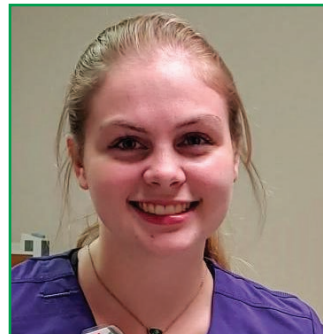
Hillary Childers attends Mineral Area College and is pursuing a degree in Billing and Coding. She interned at Memorial Hospital in the Business Office and Health Information Management Departments during March and April of 2021. She has recently been hired as a Coder at the Rural Health Clinic and started the end of June.



Trenton Conway

Trenton Conway attends UMSL University and lives in Steeleville, IL. He is pursuing a degree as a Nurse Practitioner and has been completing clinical hours with Valerie Blechle, FNP at Memorial Hospital's Rural Health Clinics. Trenton will be at the RHCs through December. He also works as a staff nurse and in the Emergency Department at Barnes Jewish Hospital in St. Louis. He has enjoyed his time working and learning in the primary care setting. His time spent working with children and adults has been a valuable learning experience. "I enjoy working to treat and prevent both acute and chronic health issues. The staff is great and always remembers to include me when able. It's nice to have such a great place to learn, so close to home," says Conway.

Chloe Gordon is a Radiologic Technology student at Southwestern Illinois College and will be graduating in May 2022 with an Associate Degree in Science. She is completing clinical job shadowing hours in Memorial Hospital's Diagnostic Imaging Department. Her departmental observations have included Xray, CT, and surgery procedures with the C-Arm. Upon graduation, she plans to obtain a job and further her education at SIU for CT and MRI. She has enjoyed, "How all the techs were always helpful and fun to be around."



Chloe Gordon



Jacob Soderlund

Jacob Soderlund is from Sparta, IL and is a student at the University of Evansville in Indiana where he is majoring in Health Service Administration. During his time at Memorial he has had the opportunity to learn from many different departments throughout the hospital such as Human Resources, Radiology, Maintenance and Dietary. Jacob has been assigned specific projects during his internship. His research and presentations will aid in helping to improve workflows for departments and employees. Jacob is enjoying his time at Memorial and states that he "likes meeting so many friendly people and seeing how so many different departments and areas of the hospital work, and I also feel as though I am making an impact even though I am only an intern." Following his internship at Memorial he plans to return to the University of Evansville and finish his degree with a graduation date of December 2022 with a Bachelor's and Master's in Health Service Administration. After graduation, he hopes to become an administrator at a hospital in the Southern Illinois or St. Louis area.



Matthew Wallace

Matthew Wallace is from Red Bud and attends McKendree University in Lebanon, Illinois where he is pursuing a Masters in Healthcare Administration. Matthew is interning with every department at Memorial Hospital with the hopes of gaining knowledge and insight to the full operations of a critical access hospital. Following his internship he hopes to gain more experience as a Director of Healthcare and move into an administrative position. He has enjoyed the detail and openness of everyone he has worked with so far at Memorial.

Memorial Hospital offers two program for those interested in interning or working as students. Applications for "unpaid" internships are currently being accepted. These positions are usually filled based on the college requirement necessary to receive their degree in a healthcare field. The Dietary Department is currently hiring student, part-time employees. This is a great opportunity to work in the department and with patients. For more information on opportunities at Memorial Hospital contact HR at 618-826-4581 ext. 1260.

MEDICAL EXPLORERS WRAP UP 2020-2021 PROGRAM YEAR



Dr. Joe Hopper with Explorers: Jada Long, Macey Ludwig, Alton Venus, William Sorto, Abby Bollmann, Claire Hamilton, and Victoria Fredderking

The 2020-2021 Medical Explorers had their final meeting of the program year on June 2nd. Dr. Joe Hopper, Audiologist in Memorial Hospital's Specialty Clinic, presented at the meeting. He provided an inside look at the audiology profession and the ear. It was an insightful event for everyone in attendance.

Explorers are continuing their job shadowing throughout the hospital and all of our locations during the summer months. The job shadowing opportunity provides a hands-on look at the variety of healthcare careers available. Many Explorers signed up to spend a couple hours in a variety of departments to get a better understanding of what different healthcare professionals do.

Along with job shadowing, Explorers were invited to help decorate the float and walk in

the annual 4th of July Parade in Steeleville, IL on July 5th.

Plans for the 2021-2022 program year are underway and Open House registration will be August 25 & 26 from 3:00pm to 5:00pm in the Cafeteria of the hospital. Registration details and forms are available on the Memorial Hospital website at: www.mhchester.com/exploring.

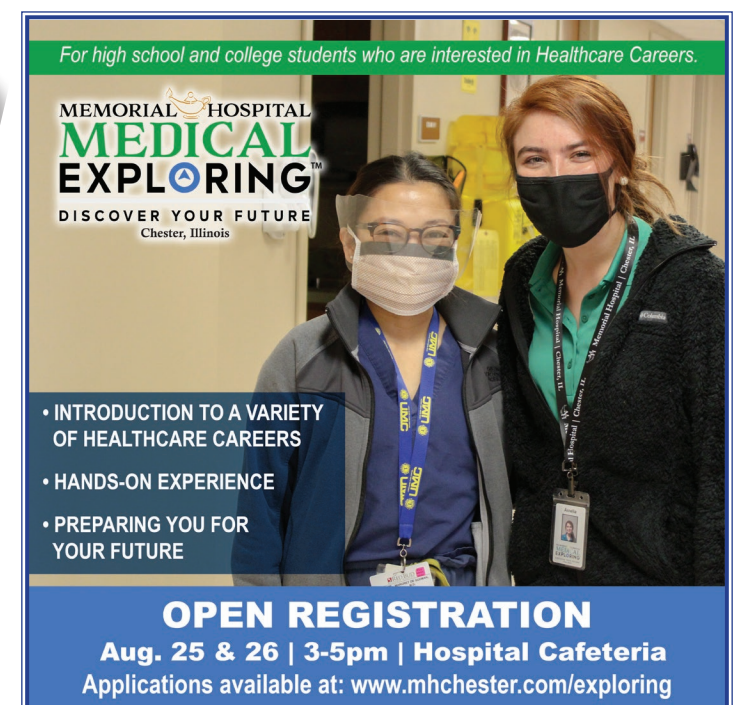
The Medical Exploring Program is for high school and college students (ages 14-21 years) who are interested in Healthcare Careers. Whether they already know what occupation they would like to pursue or have not decided on a specific career field yet, through Medical Explorers they will have opportunities to learn about many careers, participate in hands-on activities and meet healthcare professionals.



4th of July Parade in Steeleville, IL. Pictured L-R: Macey Ludwig, Camryn Luthy, Hannah Blechle. Additional Explorer's who helped but aren't pictured were: Abby Bollmann and Madison Kribs.

The MH Medical Explorers program is a 9-month program with one group meeting/event held the third Thursday of each month, September through May. There are a limited number of students accepted into the program each year and no pre-requisites are needed. Acceptance is based on a first-come-first-served basis. Only a possible interest in the healthcare field is required to register.

For more information, contact:
Mariah Bargman, Committee Chairperson
618-826-4581 ext. 1373
mbargman@mhchester.com



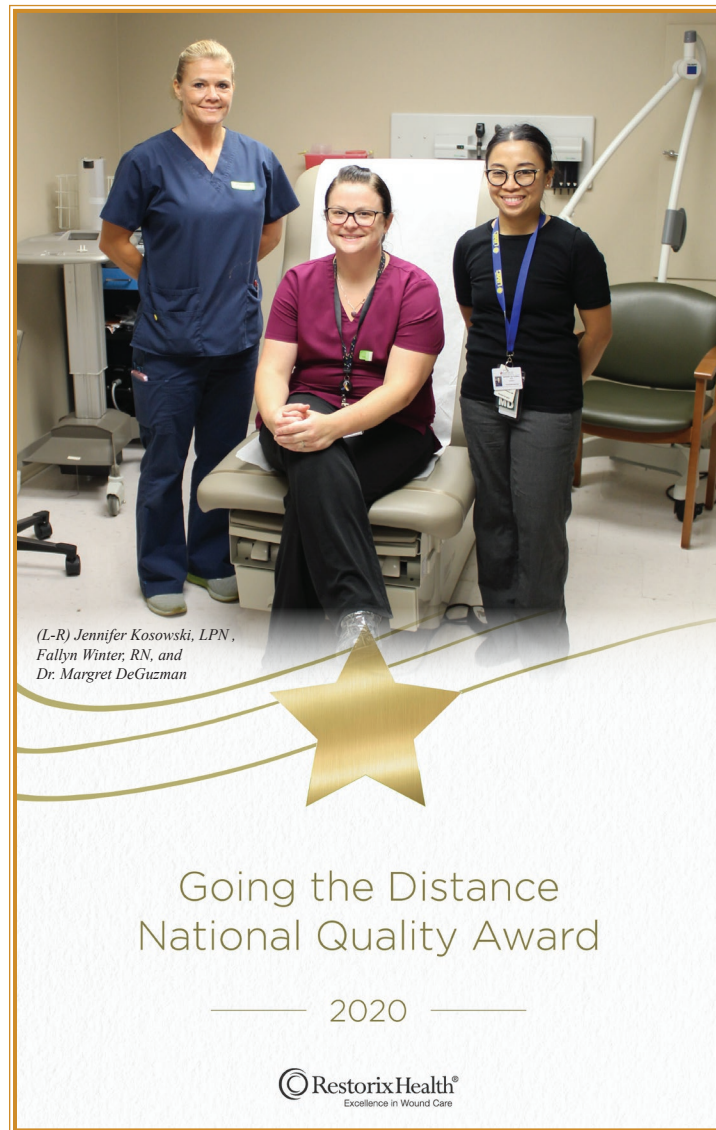
Memorial Hospital's Wound Center Receives "Going the Distance" Quality Award

Memorial Hospital's Wound Center earned the 2020 Going the Distance award, issued by RestorixHealth, an organization that specializes in the development and management of comprehensive wound healing and Amputation Prevention Center® facilities. Results are calculated by comparing the center's patient outcomes against RestorixHealth nationwide benchmarks.

Healthcare professionals have been tasked with maintaining quality through patient outcomes despite a daunting global pandemic. The Going the Distance award acknowledges those outpatient wound healing centers who have achieved or exceeded nationwide patient outcome standards within a set period of time during 2020.

Memorial's team of experienced wound care specialists assess the patient's symptoms to determine the underlying cause of their non-healing wound and then customize the most effective treatment plan to stimulate healing. "During these unprecedented times I welcome the opportunity to recognize our center staff and the talent they bring to the wound healing clinic" said Memorial Hospital CEO, Brett Bollmann. "Their dedication is highly valued and a commitment to ensuring the best possible care for our patients and community".

At Memorial's Wound Center, the approach to wound care is comprehensive, coordinating traditional and advanced therapies that aid and accelerate the healing process. For patients, that means faster healing times, longer-lasting results, decreased amputation rates and increased mobility. Wound conditions treated include but not limited to: diabetic foot ulcers, venous ulcers, pressure ulcers, surgical wounds, traumatic wounds, arterial ulcers, radiation wounds, compromised skin grafts and flaps, and crush injuries. Memorial Hospital's Wound Center is open on Tuesday mornings in Memorial Hospital's Specialty Clinic. For more information about wound care or to schedule an appointment, call 618-826-4583 or visit www.mhchester.com. No referral is required.



Award acknowledges center as nationwide leader in wound healing patient outcomes

NEW CONVENIENT CARE HOURS

Starting June 1, 2021, Memorial Hospital's Convenient Care is available Sunday thru Saturday 8:00am-8:00pm, every day of the year. These new extended hours provide health care opportunities to those whom seek treatment for non-emergent medical care needs such as: sprains, colds or flu-like symptoms, earaches, first degree or minor second degree burns, rashes, insect bites, or school/employment physicals and more.

Why Choose Convenient Care?

Emergency Room claims can be denied because the insurance company determines them to be "non-emergent", which leaves the patient responsible for the bill. Convenient Care is billed at a lower rate to your insurance provider or to you. The extended hours of care offered allow patients to be seen after normal clinical hours and on weekends for illnesses or injuries that do not require emergency care.

To learn more about what medical conditions may be covered by Convenient Care visit: www.mhchester.com/convenient-care



DUMMI HONORED AS ICAHN RURAL HEALTH FELLOW GRADUATE

The inaugural class of the Illinois Critical Access Hospital Network (ICAHN) Rural Health Fellowship graduated 14 new Fellows on May 5, 2021 during ceremonies held at O'Shea University, Springfield. Deepanjali "Deepa" Dummi, Director of Health Information and Informatics Management/Compliance/HIPAA Privacy Officer, Memorial Hospital, Chester, was among those honored.

The eight-month ICAHN Rural Health Fellowship was designed for up-and-coming small, rural, and critical access hospital leaders. The experience covers four main pillars of thought: rural health, leadership, operations, and finance. Fellows participated in online learning, a service project, and a book club with the goal of developing confident leaders equipped with the skills needed to lead in a rural community.

Deepa Dummi's service project was two-fold: efficient use of Dragon Speech Software among her hospital's providers and implementation of licensing and credentialing software. Dragon Speech Software allows the providers to have a Joint Commission-compliant turn-around for documentation completion. Deepa also organized a "Train the Trainer" event with her hospital department managers and the Information Technology team to ensure all could effectively coach the doctors who would be using the Dragon Speech Software. Deepa was mentored by Susie Campbell, CEO, Community Hospital, Staunton.

"Acquiring the knowledge and expertise needed to successfully take an idea and grow it into a project that will benefit rural healthcare is an important skill that the 2020-2021 ICAHN Fellows have gained," said Kathy Fauble, ICAHN Professional Education Services Director. "The projects have been ambitious, impressive, and of great merit to their respective hospitals. Be-



Patricia Schou, ICAHN Exec. Dir. and Deepa Dummi

tween the participants and the mentors, we have a roomful of lifelong learners with very bright futures."

ICAHN will begin accepting applications for the 2021-2022 Rural Health Fellowship program in late summer.

ABOUT ICAHN

The Illinois Critical Access Hospital Network is a trusted and proven, nationally recognized organization, located in Princeton, IL that provides 57 small, rural, and critical access hospitals with a wide range of essential, value-added services and support to help them overcome challenges, grow, and thrive in a complex health environment. For more information, visit www.ichn.org.

RANDOLPH COUNTY RESOURCE GUIDE

On behalf of the Randolph County Health Department (RCHD), Memorial Hospital is working with other participating agencies and organizations to help circulate the new Randolph County Resource Guide for 2021.

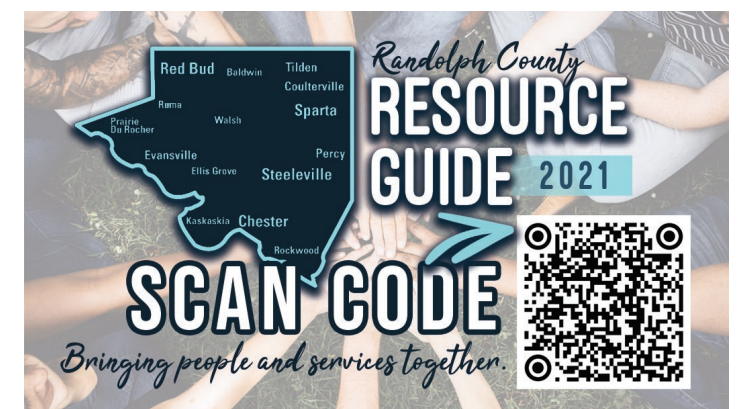
This guide is designed to be used as a tool to help connect people to resources. Randolph County resources along with resources available to Randolph County residents in the surrounding area and national services are included in this document.

This guide was made possible through the efforts of the RCHD, ComWell and their Southern Illinois Substance Abuse Alliance's (SISAA) Recovery Committee (aka "Better Together Recovery Group"),

Western Egyptian, National Alliance on Mental Illness Southwestern Illinois (NAMI SWI), and the hospitals throughout Randolph County.

The Randolph County Health Department has posted this document on their website at:

<https://am.randolphco.org/index.php/healthdept-formsandpubs/randolph-county-resource-directory>



What happened last quarter?

Employee of the Quarter



Kristen Reinier, Employee of the Quarter - 2nd Quarter 2021

Brett Bollmann, CEO at Memorial Hospital named Kristen Reinier Employee of the Quarter for the Second Quarter 2021 on July 20.

Reinier has worked at Memorial Hospital since 2019 in the Laboratory as a Phlebotomist. When asked what she likes most about working at Memorial Hospi-

tal, Reinier replied, "My favorite things about working at Memorial Hospital is the people, my coworkers give me reasons to smile and I enjoy brightening their day with any and all jokes no matter how stupid they may be. My coworkers all over the hospital help me more than they know. And my direct coworkers light of my life they are." Her co-workers who nominated her wrote, "This employee is one of the most dedicated, hard-working and genuine individuals in the entire department. She willingly performs all work that is assigned to her. Plus, never hesitates to help out any of her fellow coworkers when needed. She always has a positive attitude and respectfully cooperates with everyone. She does an exceptional job at keeping the work flow running smoothly in the entire lab. She can handle stressful and unexpected situations as well as take criticism positively and use it to improve her skills. Overall, she is an enthusiastic person with excellent communication skills, patience and bedside manner. Her positive attitude projects not only

to her coworkers but most importantly to her patients that she is caring for."

Reinier resides in Sparta, IL with her spouse Christopher Martin and two daughters Skyler and Olivia. In their off the clock hours, Reinier enjoys spending time in their garden, watching their chickens and playing with their kids. "They grow so fast and keep me a supportive employee, they are the real Employee of the Quarters. I also enjoy fishing and watching Chris tinker on his weekly fascinating projects. It's so nice to be in such a happy time in my life. Live the Good old days before they pass!"

Each quarter employees are encouraged to submit "star cards" for their co-workers who go above and beyond in their patient care or team work. Four random cards were drawn, Adrienne Caby, RN OR; Jacinta Mulholland, Dietary Clerk; Laura Cleiman, Housekeeper; Rachel Young, RN MSU/ER were the winners of a monetary award for their star nominations.

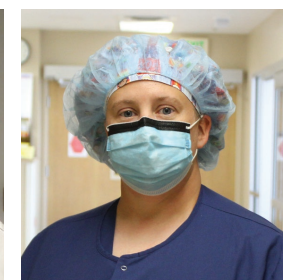
Dr. Paul Juergens Retires

Memorial Hospital Medical Staff, and employees wished Dr. Paul Juergens a happy retirement on June 15th with a luncheon, cake and punch. His last day at Memorial Hospital was June 22nd. We thank Dr. Juergens for his care and dedication to our patients for the past 11 years.



What happened last quarter?

Star Employees of the Past Quarter



Thank you to our "Star" employees! Their co-workers submitted "star cards" in their honor for going above and beyond. Memorial Hospital employees are encouraged to nominate "Star" employees each quarter. At the end of the quarter, ALL star cards are put into a drawing for monetary prizes.

Congratulations to our "Stars" for the quarter! (L-R,T-B): Laurie Richardet, LPN RHC; Janet Bargman, Clinical Assistant Specialty Clinic; Renee Brown, Housekeeping; Robin McMurtry, LPN Surgery; Laura Cleiman, Housekeeping; Sarah Birkbigler, OR Technician; Nichole Clifton, Medical Laboratory Technician; Lisa Austin, Same Day Surgery RN House Supervisor; Soleil Brunkhorst, Receptionist RHC; Melissa Collins, OR Technician; Lynn Eaton, Admitting Representative, & Memorial's Admitting staff: Katie Jones; Madison Wallace, Supervisor; and Kristen Schwartz.

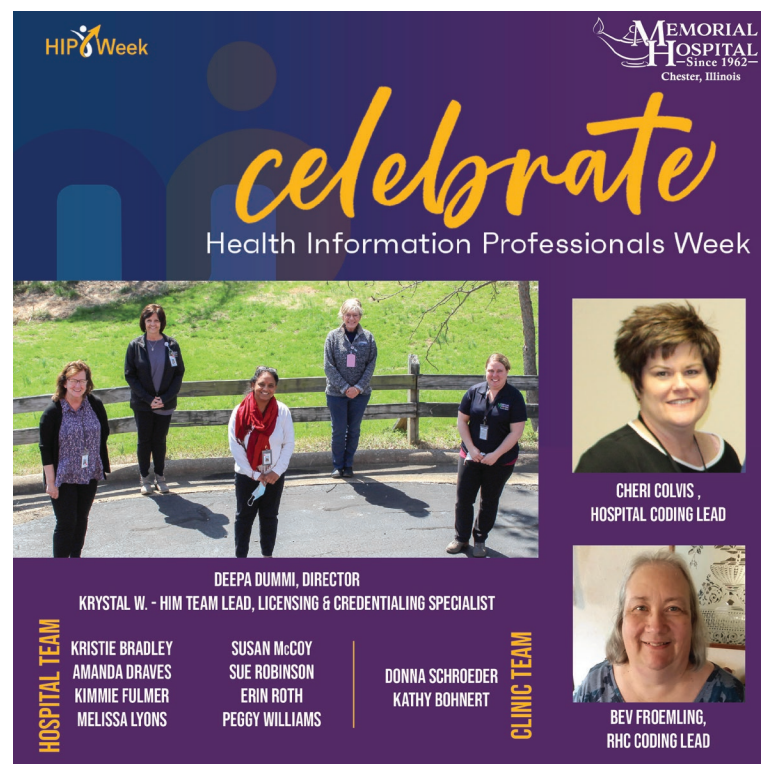


What happened last quarter?

Health Information Professionals Week

Health Information Management Department at Memorial Hospital Celebrated Health Information Professionals Week in April. They provided games for all employees to participate in along with prizes and shared cookies and other goodies with their coworkers.

Health information professionals are trusted by patients and providers alike to protect, interpret, and transmit the most sensitive data that exists about a person, while making sure it is available where and when it is needed. This year's theme, "Keeping Health Information Human" emphasized that when health information stays human, it stays relevant. Thank you to our team for their attentive care and professionalism while they handle our patients' most private information.



Medical Laboratory Professionals Week



In April Memorial Hospital's Laboratory Departments at the hospital and Rural Health Clinic Locations celebrated Medical Laboratory Professionals Week. Over the past year the hard work these dedicated individuals put in every day has been brought to the forefront of the medical industry. Memorial Hospital took this week wish a Happy Laboratory Professional's Week to our hard working team who plays a vital role in helping us care for our patients, not just now, but always!!



What happened last quarter?

Hospital Week 2021

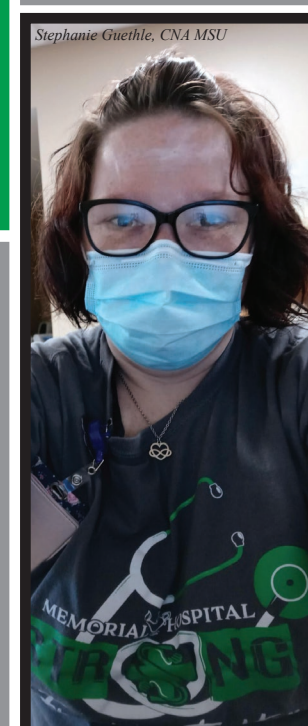
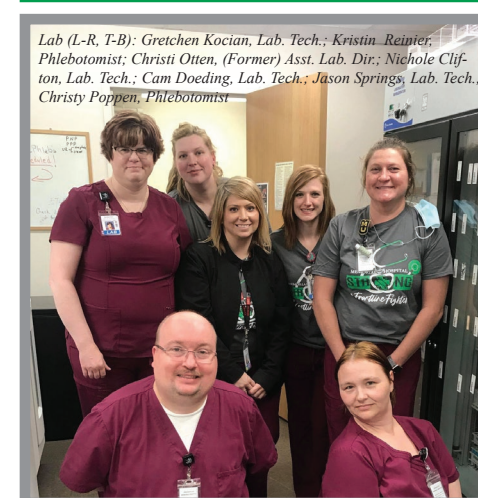
RAIN or Shine,
Memorial Hospital Employees
are the
GREATEST OF ALL TIME!

2020 is a year no medical professional will soon forget. It pushed teams to the limits and made them shine brighter than they ever have before. Each department and employee at Memorial learned to quickly adapt to new processes, procedures, methods, and find ways to continue the quality, compassionate care our community deserves. In May, Memorial Hospital celebrated Hospital Week, by showering employees with umbrellas to thank them for "Weathering 2020 With Us!"

The activities were kept low key as the COVID positivity numbers continued to steadily drop in the region. With precautions still in place staff were able to gently celebrate their week. Employees wore team t-shirts on Monday to show that we remain "All In This Together" as one #MHChes-

Team. Staff also enjoyed a free BBQ Luncheon prepared by the Dietary team or a catered meal at their location or during their evening shifts on Thursday of that week and daily prize drawings were held.

Despite the challenges 2020 brought the Memorial Hospital team, they rode out the storm together and became united as front-line fighters. Thank you to every single one of our #MHChesTeam members we truly couldn't have done it without you.



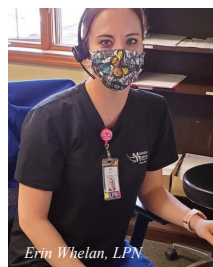
What happened last quarter?

Nurses Week 2021

The nurses at Memorial Hospital and our Rural Health Clinics celebrated Nurses Week May 6-12. They were all gifted shirts that share how ESSENTIAL and EXCEPTIONAL they are to our healthcare team!!

Eager to Help and Heal
Stepping Up for the Team
Showing Caring Every Day
Exceeding Expectations
NURSES
Taking Steps for Safety
Inspiring Those Around Me
Always Bringing My "A" Game
Loving What I Do!

Thank you to all of our nurses who step up everyday to provide exceptional care for our patients and our community!



Memorial Hospital Receives Gold Seal of Approval®

(Continued from Page 1)

Memorial's initial review, scheduled for 2020, was postponed during the COVID pandemic until the survey could be conducted on-site safely. During this year's review surveyors also looked at the facility's response to the pandemic and the actions taken to protect staff, patients, and the

community. Following the survey, Brett Bollmann, CEO, congratulated all staff on passing the survey and thanked them for their continued dedication to the community. Bollmann remarked, "The surveyors were pleased with their inspection and how we are meeting regulatory requirements. They were very complimentary of the staff and recognized all the accomplishments [they] have made. The hard work of each department and every employee makes this possible." Achieving accreditation means

that the staff at Memorial has made an effort to review and improve the key areas that can affect the quality and safety of patient care.

Memorial Hospital is honored to be re-accredited as a Joint Commission Gold Seal of Approval® critical access hospital. The Memorial Hospital Team is committed to professional excellence in providing safe, quality healthcare, compassion and service to patients, the community and each other.

MEMORIAL HOSPITAL TESTIMONIALS



WWW.MHCHESTER.COM/TESTIMONIALS

*Did Memorial Hospital
provide you and your
loved one with
compassionate, quality
care delivered with
dignity and respect?*

VOLUNTEER & AUXILIARY NEWS

Meet Our New Volunteers



others." She states, "It gets me out of the house."

Janice Crow

Jan lives in Chester, IL and has volunteered at Memorial Hospitals Volunteer Desk since December 2019. She is a retired and volunteers twice a month to work the desk. Her favorite part about volunteering is, "meeting a wide variety of people and to be able to be of service to



igating the hospital. She enjoys being part of the community and giving back. She also likes seeing old friends and meeting new ones during her time behind the volunteer desk.

Debbie Dudenbostel

Debbie lives in Chester, IL and has been a volunteer at Memorial Hospital for 3 months. She is also a member of the Memorial Hospital Auxiliary and is a retired Ultrasound/X-Ray Technologist from Memorial. She volunteers once a week to greet guests as they need assistance navigating the hospital.



Shop and one day a month at the Volunteer Desk. She is a retired

Brenda Ruroede

Brenda lives in rural Chester, IL and has been a volunteer for 4 months. Prior to that she has served 20+ years as a Member of the Memorial Hospital Auxiliary acting as the Gift Shop Treasurer for 5 years and 2 years as the Gift Shop Manager. She volunteers one day month in the Gift

Benefits Administrator in HR from Memorial Hospital. She says that, "Being able to help members of the community and employees when coming to the Gift Shop and the Hospital for visiting or appointments," is her favorite part about volunteering.



Bonnie Todd

Bonnie lives in Chester, IL and has been a member of the Memorial Hospital Auxiliary for over 10 years. She volunteers to work one shift a month in the Auxiliary Gift Shop and now one shift a month at the Volunteer Desk. She is a retired child care worker and has extra time to give

to the community. She says, "Volunteering gives me a chance to visit with people. Someone saying, 'Good morning, how can I help?' goes a long way." She also enjoys her time spent in the gift shop, as the proceeds from sales help purchase items the hospital needs.



Carl Welge

Carl lives in Chester, IL and has been a member of the Memorial Hospital Auxiliary for 16 years. He volunteers time at the hospital two times a month and has recently added, working the volunteer desk to his duties. He is retired from Gilster-Mary Lee Corp. where he worked in the

Accounts Receivable Department. His favorite part about volunteering is, "Meeting new people and having a chance to do something useful and rewarding."

**To learn more about the
Memorial Hospital Auxiliary
or Volunteer Program,**

visit: www.mhchester.com/volunteer

**or call Apryl Bradshaw at
618-826-4581 ext. 1299.**

MEMORIAL HOSPITAL'S SERVICES

Bone Density Screening	3D Mammography
Chemotherapy & Infusion Center	Nuclear Medicine
CT Scans	Radiology/X-Ray
Diabetic Resources	Same Day Surgery
ECG & EEG	Sleep Disorder Treatment & Lab
Endoscopy	Sonography/Ultrasound
Intensive Care Unit	Swing Bed Program
Lung Screening	Treadmill Stress Testing
MRI	Wound Center

MEMORIAL HOSPITAL'S SPECIALTY PROVIDERS

**Bringing Specialty Clinic Doctors to you
so you don't have to travel away from home.**

Allergy/Immunology Douglas Berson, M.D.	Oncology/Hematology Justin Floyd, D.O.
Audiology C. Joseph Hopper IV, AuD	Orthopedics Robert Golz, M.D. Robert Deaton, FNP-C
Cardiology John Groll, M.D. Raffi Krikorian, M.D. Gangadhar R. Malasana, M.D. Caitlin Edwards NP	Pain Management Tong Zhu, M.D. PhD.
Gastroenterology Charmaine Edwards, M.D.	Podiatry Amanda Hart, DPM Neil Ermitano, DPM
General Surgery Ziya Baghmanli, M.D. Margret De Guzman, M.D.	Sleep Lab Terry Brown, M.D.
Neurology James Goldring, M.D.	Urology Sam Stokes III, M.D. Wesley Howell, PAC
Obstetrics/Gynecology Elisabeth Beyer Nolen, M.D. Pamela Jellen, CNM	Vascular Surgery Ricardo Rao, M.D.
	Wound Center Margret De Guzman, M.D.

**To learn more about our specialists call Memorial
Hospital Specialty Clinic at (618) 826-4581 ext. 1366**

Welcome New Employees

Emma Valleroy	Ambryaunna Phillips
Erin Aitken	Dena Britt
Daysha Westerman	Kimberly Jacoby
Anne Nelson,	Hillary Childers
Alicia Heinemeyer,	Jennifer Colvis
Logan Colvis	Theresa Thornton
Angela Valleroy,	Amy Chadderton

Congratulations Retiree
Reta Mott

24 HOUR EMERGENCY ROOM SERVICE



CONVENIENT CARE

HOURS:

SUNDAY-SATURDAY

8:00AM - 8:00PM

A Triage Nurse will perform an initial assessment. The Triage Nurse and/or Physician shall have final authority in determining whether the patient's medical condition qualifies them for treatment in Convenient Care.

If the patient does **NOT QUALIFY**, they will be offered Emergency care.

If the patient **DOES QUALIFY**, they will be charged for this service at a reduced rate. Any testing (lab tests, X-rays, etc.), supplies used, or medications given are at an additional cost. Additional reviews of X-ray or lab work may be necessary and will be charged separately.



JOIN OUR TEAM

- Paid PTO and Holidays
- Paid Pension
- Tuition Reimbursement Program
- Insurance Options: Health, Dental, Vision, & more.
- Discounted services up to 60% off for services provided by Memorial Hospital, Chester.
- Fitness Program
- Deferred Compensation

View current positions & apply at:
www.mhchester.com



Sign-up for an electronic newsletter at:
www.mhchester.com



1900 State Street - Chester, IL
618-826-4581