

MEMORIAL HOSPITAL'S *The* LAMP QUARTERLY NEWSLETTER

Vol. 7, Issue 3 - July 2026

PHYSICIAN SPOTLIGHT: Getting to Know Dr. Zachary Orme

At Memorial Hospital's Rural Health Clinics, Dr. Zachary Orme, D.O. believes healthcare is about more than treating illness, it's about building relationships, helping patients reach their goals, and providing support through every stage of life. We sat down with Dr. Orme to learn more about what inspires his work, his approach to patient care, and what patients can expect when they visit him.

What inspired you to become a family doctor?

During college, I enjoyed studying nutrition and other pre-medical sciences. As I progressed through medical school, I had the opportunity to work in many different healthcare settings and discovered that family medicine allowed me to bring together all the aspects of care I enjoyed most.

What do you enjoy most about caring for patients in a rural community?

The continuity of care. I may see a patient in the clinic, care for them in the hospital, or encounter them in the emergency department. That continuity allows for deeper relationships and a better understanding of each patient's overall health journey.

How would you describe your approach to patient care?

Holistic and centered on shared decision-making. I believe patients should be active participants in their healthcare. My role is to

provide guidance, education, and recommendations while helping patients make informed choices that align with their individual goals and values.



Healthcare works best when it is a partnership.

What can patients expect during their first visit with you?

We'll have a detailed discussion about your past medical history, current health concerns, and most importantly, your goals for the future. I want patients to leave feeling heard, understood, and confident that we have a plan moving forward together.

What areas of family medicine are you especially passionate about?

I'm passionate about preventive care and addiction medicine. Helping patients avoid health problems before they start can have a tremendous impact on long-term quality of life.

I also find addiction medicine meaningful because it allows me to help patients navigate complex challenges while supporting them in achieving lasting improvements in their health and well-being.

Why is preventive care so important?

[*\(Continued on Page 3\)*](#)

I focus on informed decision-making. When patients understand their health conditions and treatment options, they're better equipped to make choices that support their goals.



MEMORIAL HOSPITAL

—Since 1962—

RURAL HEALTH CLINICS

FAMILY HEALTH CARE

Newborn Through Geriatrics

Immunizations
– VFC Provider

Injection Therapy

Family Planning

DOT Physicals

Minor In Office
Procedures

Same Day Appointments

School & Sports

Physicals

CHESTER CLINIC

1900 State Street - Chester, IL 62233

618-826-2388

STEELEVILLE FAMILY PRACTICE

602 W. Shawneetown Trail - Steeleville, IL 62288

618-965-3382



Dr. James Kirkpatrick, M.D.

Dr. Lisa Lowry-Rohlfing, M.D. • Dr. Monica Lukose, M.D.

Dr. Joseph Molnar, D.O. • Dr. Zachary Orme, D.O.

Angela Albertini, PA-C • Valerie Blechle, APRN, FNP-BC

Cassandra Chambers, APRN, FNP-BC

Mindy Dudenbostel, APRN, FNP-C



Illinois' New Lead Testing Requirements Began July 1, 2026

Beginning July 1, 2026, a new Illinois requirement is helping families ensure all children are screened for lead exposure during their early years.

Under new Illinois Department of Public Health (IDPH) guidelines, all children in Illinois must receive blood lead testing at 12 months and 24 months of age. Previously, testing requirements primarily focused on children living in designated high-risk ZIP codes. The new universal testing requirement expands protection to all Illinois children, recognizing that lead exposure can occur in communities across the state.¹

Why Is Lead Testing Important?

Lead is a toxic metal that can harm nearly every system in the body. According to IDPH, there is no safe level of lead in the blood, especially for young children whose brains and nervous systems are still developing. Even small amounts of lead exposure can cause significant health effects.²

One of the greatest challenges with lead exposure is that most children who have elevated lead levels do not look or act sick. In many cases, there are no obvious symptoms. A blood test is the only reliable way to determine whether a child has been exposed.

How Are Children Exposed to Lead?

Many families associate lead exposure with old paint, but lead can be found in several places. Common sources of exposure include:

- Paint, dust, and soil around homes built before 1978
- Drinking water from lead-containing plumbing or service lines
- Certain imported toys, jewelry, cosmetics, spices, pottery, and traditional remedies
- Dust generated during home renovations or repairs in older buildings

Young children are particularly vulnerable because they often crawl, play on the floor, and place their hands or objects in their mouths. This normal behavior can increase the chance of ingesting lead-contaminated dust or soil.

What Are the Risks of Lead Exposure?

Lead exposure can affect a child's health both immediately and throughout life. Research has shown that lead can cause:

- Damage to the brain and nervous system
- Learning and developmental delays
- Behavioral challenges
- Difficulty with attention, memory, and learning

- Slowed growth and development
- Serious health complications at very high exposure levels

Because the effects of lead exposure can be permanent, prevention and early detection are critical.

How Testing Improves Outcomes

The good news is that early identification can make a significant difference. When elevated blood lead levels are detected, healthcare providers and public health officials can work with families to identify the source of exposure and prevent further contact with lead.

Under Illinois law, blood lead levels above established intervention thresholds trigger public health follow-up, which may include a home inspection to identify sources of lead and education for families on ways to reduce exposure. Early intervention helps protect children from additional exposure and can improve long-term health outcomes.¹

As IDPH expands universal testing statewide, more children will be identified earlier, allowing families to take action before lead exposure causes lasting harm.

When Should Your Child Be Tested?

Illinois now requires lead testing at:

- 12 months of age
- 24 months of age

These screenings can typically be completed during your child's routine well-child visits.

Where Can Testing Be Completed?

At Memorial Hospital Rural Health Clinics, lead testing is available through a simple blood draw during your child's appointment.

The Randolph County Health Department also offers finger-stick lead testing by appointment:

Chester: Wednesdays

Sparta: Mondays, Tuesdays, and Thursdays

If you have concerns about lead exposure or questions about testing, talk with your child's healthcare provider.

Working Together for Healthier Futures

Every child deserves the opportunity to grow, learn, and thrive. Illinois' new universal lead testing requirement is an important step toward protecting children from a preventable health hazard. Through early detection, intervention, and education, families and healthcare providers can work together to reduce lead exposure and support healthier outcomes for the next generation.

Sources

1Illinois Department of Public Health (IDPH), "All Children Across Illinois to Receive Blood Lead Testing," June 25, 2026. <https://dph.illinois.gov/resource-center/news/2026/june/release-20260625.html>

2Illinois Department of Public Health Childhood Lead Program recommendations. <https://dph.illinois.gov/content/dam/soi/en/web/idph/publications/idph/topics-and-services/environmental-health-protection/lead-poisoning-prevention/education-training/child-lead-evaluation-testing-recommendations.pdf>

Getting to Know Dr. Zachary Orme

(Continued from Page 1)

Prevention often starts with the basics: eating real, nutritious foods, getting enough sleep, and exercising regularly. Small habits practiced consistently can make an enormous difference over time.

What do you wish more patients understood about their health?



Early recognition and prevention matter.

The more proactive patients can be with their health, the more opportunities we have to keep them healthy for the long term.

How do you help patients feel comfortable discussing sensitive or personal concerns?

I try to make sure patients feel heard and understood. Taking the time to listen and validate their concerns helps create an environment where patients feel comfortable talking openly about their health.

How do you help patients take an active role in their care?

I focus on informed decision-making. When patients understand their health conditions and treatment options, they're better equipped to make choices that support their goals.

What's one health tip you find yourself giving most often?

Regular exercise is one of the most important things people can do for their health. It benefits nearly every part of the body and can

help improve physical health, mental well-being, energy levels, and overall quality of life.

How do you stay up to date with new medical knowledge?

I'm always reading and seeking out new information daily to stay current and provide the best possible care for my patients.

What do you enjoy doing outside of medicine?

I enjoy hiking, camping, traveling, and motorcycles. Spending time outdoors and exploring new places helps me recharge and maintain balance outside of work.

What makes you excited to serve patients at Memorial's Rural Health Clinics?

I appreciate the close-knit atmosphere at Memorial. There's a genuine commitment to patient care, teamwork, and supporting our community, and I'm excited to be part of that mission.

What's one thing you want every patient to know about you?

I'm eager to help you reach your health goals. Whether you're looking to improve your overall wellness, manage a chronic condition, or address a new concern, I'm committed to providing guidance, support, and care.



**CURRENTLY ACCEPTING
NEW PATIENTS**



833 Lehmen Drive - Chester, IL 62233

618-826-4588

***Caring for you throughout
your life span.***

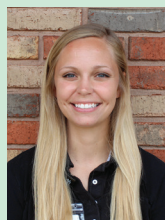
***Treating pediatrics, youth, adults,
and geriatrics.***

**SPECIALIZED
SERVICES:**

Sports Rehab
Balance Rehab
Vertigo
Stroke Rehab
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Pelvic Floor Therapy

**SPECIALIZED
EQUIPMENT:**

Bariatric Treadmill
Biodex Balance
System
Mechanical Traction
Ultrasound
Electrical Stimulation
Fluidotherapy
Iontophoresis
Therapy Pool



Ryan Schaal, *Director of Therapy
& Physical Therapist*

Kristyn Riley, *Physical Therapist*

Megan Buch *Occupational Therapist*

Isabel Carron, *Speech-Language Pathologist*

Stay in the Game: Prevent Injuries, Recover Stronger, Perform Your Best

Whether you're a youth athlete preparing for a new season, a high school competitor striving to improve performance, or an adult staying active through recreational sports, staying healthy requires more than simply showing up on game day. At Memorial Hospital's Therapy & Sports Rehab Center, our physical therapists help athletes of all ages prevent injuries, recover from setbacks, and perform at their highest level.

The foundation for a successful season begins long before competition starts. Consistent training that includes stretching, strengthening, cardiovascular conditioning, and recovery helps prepare muscles and joints for the demands of activity. Recovery is just as important as training and should include proper hydration, nutrition, quality sleep, and light activity on rest days. Athletes who make these habits part of their routine are often better prepared to handle the physical demands of their sport while reducing their risk of injury.

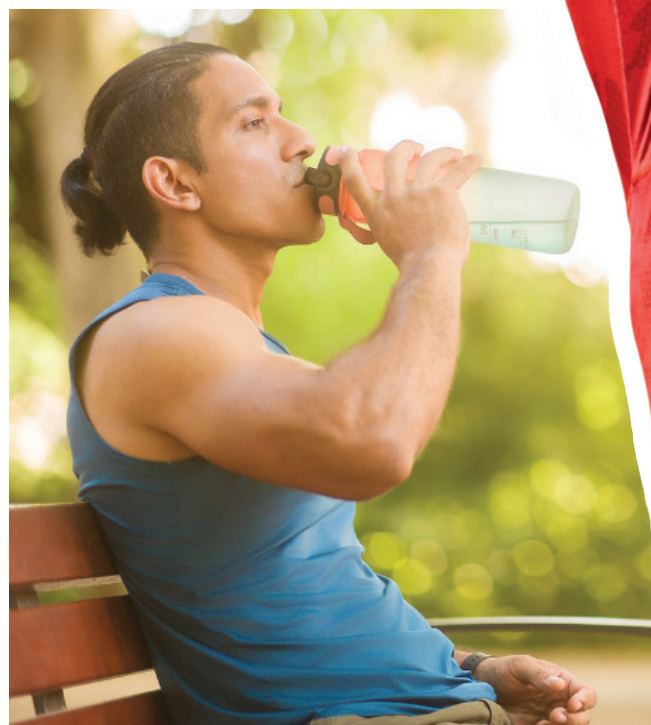
Pre-Season Conditioning Essentials

A strong season starts with a solid foundation. Key components of a well-rounded conditioning program include:

WARM UP with controlled movements that gradually increase your heart rate and loosen your muscles before exercise.

Incorporate **STRENGTH-TRAINING** exercises to support joints and improve stability. Remember, strength gains come from consistency and repetition not from lifting the heaviest weight possible. Choose a weight that allows you to move with good form and control and gradually increase resistance over time to avoid unnecessary strain or injury.

Include **CARDIOVASCULAR ACTIVITIES** such as walking, jogging, cycling, or workouts that alternate between faster and slower periods of activity to help build endurance and stamina.



Schedule **RECOVERY DAYS** to allow your body time to repair and adapt. Focus on activities such as walking, stretching, proper hydration and nutrition, and quality sleep to help your muscles recover and prepare for future activity.

STRETCH AFTER ACTIVITY to promote flexibility and reduce muscle tightness.

Despite the best preparation, injuries can still occur. Many sports injuries develop gradually from repetitive movement, muscle imbalances, inadequate recovery, or returning to activity too quickly after a period of rest. Recognizing problems early is one of the most important steps athletes can take to avoid prolonged recovery and missed playing time.

Common Injuries We're Seeing

Some of the most common sports-related conditions currently being treated at Memorial Hospital's Therapy & Sports Rehab Center include:

HAMSTRING STRAINS – Pain or tightness in the back of the thigh, often occurring during running, sprinting, or sudden changes in direction.

HIP FLEXOR STRAINS – Pain or tightness in the front of the hip or groin, commonly associated with running, kicking, and jumping activities.

PATELLAR TENDONITIS (JUMPER'S KNEE) – Pain below the kneecap that often worsens with running, jumping, squatting, or stairs.

IT BAND SYNDROME – Pain along the outside of the knee or thigh, most commonly seen in runners and cyclists.

Athletes should seek evaluation if pain persists for more than a few days, returns each time they exercise, causes swelling or weakness, or begins affecting performance and daily activities. Early treatment can often prevent a small problem from becoming a much larger setback.

How Physical Therapy Helps at Every Stage of Physical Activity

Physical therapy isn't only for recovery after an injury. Physical therapists can help athletes throughout every stage of their athletic journey.

BEFORE AN INJURY: Identify movement limitations, muscle imbalances, and areas of weakness that could increase injury risk.

DURING RECOVERY: Develop individualized treatment plans to restore strength, mobility, flexibility, and confidence.

AFTER RECOVERY: Improve movement efficiency, prevent re-injury, and enhance overall athletic performance.

FOR LONG-TERM SUCCESS: Provide guidance on training, recovery, balance, conditioning, and injury prevention strategies that support lifelong activity.

"Athletes invest a lot of time in practices, training, and competition, but many overlook the importance of injury prevention," says Ryan Schaal, PT, DPT, Director of Memorial Hospital Therapy & Sports Rehab Center. "Taking a few extra steps each week to improve flexibility, strength, endurance, balance, and recovery can make a tremendous difference. Our goal is to help athletes stay healthy, prevent injuries, and continue performing at their highest level all season long."

Whether you're preparing for your next season, recovering from an injury, or simply looking to stay active, the team at Memorial Hospital's Therapy & Sports Rehab Center is here to help. Through expert guidance in injury prevention, rehabilitation, recovery, and performance enhancement, we're committed to helping athletes of all ages move better, recover smarter, and stay in the game.



"Taking a few extra steps each week to improve flexibility, strength, endurance, balance, and recovery can make a tremendous difference. Our goal is to help athletes stay healthy, prevent injuries, and continue performing at their highest level all season long."



Welcome New ENT Specialty Clinic Physicians

Memorial Hospital is pleased to welcome three experienced ear, nose, and throat (ENT) specialists, Dr. Rebecca Brandsted, Dr. John Park, and Dr. Matthew Marino, to its Specialty Clinic. Board-certified in Otolaryngology – Head and Neck Surgery, these physicians bring extensive training, specialized expertise, and a shared commitment to patient-centered care.

Together, they offer comprehensive services for both adults and children (1 year of age and older), including treatment for ear infections, hearing concerns, sinus and allergy conditions, tonsil and adenoid issues, and sleep-related conditions such as snoring and sleep apnea. Their addition strengthens Memorial Hospital's ability to deliver specialized care close to home.

Outpatient clinic visits with Dr. Brandsted and Dr. Park began in June 2026, with Dr. Brandsted seeing patients on Tuesdays and Dr. Park on Fridays, along with in-office and same-day surgical procedures. Dr. Marino will begin seeing patients in August 2026, providing outpatient ENT services twice monthly on Thursdays and Fridays, in addition to in-office and same-day surgical procedures.

SCHEDULE AN APPOINTMENT

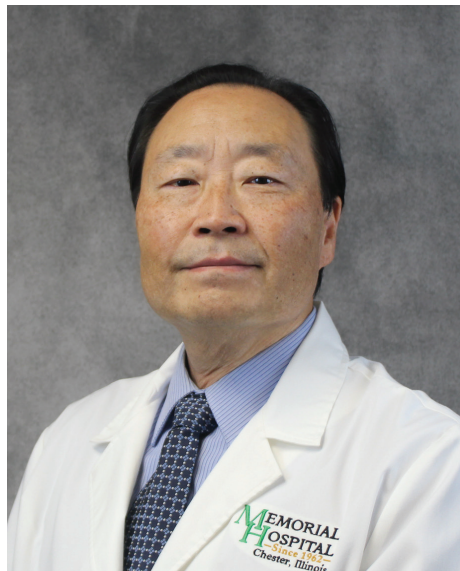
Appointments are now being scheduled through the Memorial Hospital Specialty Clinic by physician referral. To learn more about our specialists, call the Memorial Hospital Specialty Clinic at (618) 826-4581 ext. 1366.



Dr. Rebecca Brandsted, M.D.

Dr. Brandsted is a board-certified otolaryngologist specializing in comprehensive care for ear, nose, and throat conditions in both adults and children one year of age and older. She is dedicated to delivering high-quality, patient-centered care, with a focus on helping patients find relief and improve their quality of life.

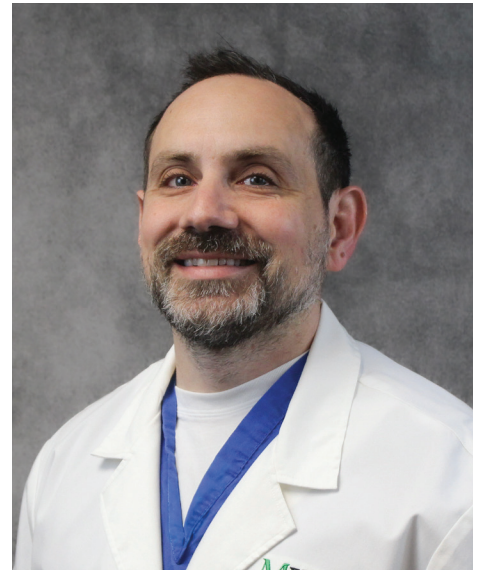
Dr. Brandsted earned her medical degree from the University of Kansas School of Medicine in Kansas City, KS. She completed her general surgery internship and otolaryngology residency at Saint Louis University School of Medicine in St. Louis, MO.



Dr. John Park, M.D.

Dr. Park is a board-certified otolaryngologist and Fellow of the American College of Surgeons, specializing in comprehensive care for ear, nose, and throat conditions in both adults and children one year of age and older. He is known for his thoughtful, patient-centered approach, prioritizing clear communication and personalized treatment plans.

Dr. Park earned his medical degree from Washington University School of Medicine in St. Louis, MO. He completed his general surgery internship and otolaryngology residency at Washington University, where he received extensive training in advanced ENT care.



Dr. Matthew Marino, M.D.

Dr. Marino is a board-certified otolaryngologist specializing in comprehensive care for ear, nose, and throat conditions in both adults and children. He is known for his thorough, patient-centered approach, taking the time to listen to concerns, explain treatment options clearly, and develop personalized care plans that help patients feel informed and confident in their healthcare decisions.

Dr. Marino earned his medical degree from Saint Louis University School of Medicine in St. Louis, Missouri, and completed his residency in Otolaryngology–Head and Neck Surgery at the University of Arkansas for Medical Sciences in Little Rock, Arkansas.

He provides comprehensive ENT care for patients of all ages, including treatment for ear infections, hearing concerns, sinus and allergy conditions, voice and swallowing disorders, sleep-related conditions, and other disorders affecting the ear, nose, and throat.

**Learn more about these providers
and others at
www.mhchester.com**



Welcome New Convenient Care Provider

Memorial Hospital is proud to welcome Nurse Practitioner **Kara Roth, FNP-C, DNP**, to our Convenient Care team. Kara's background in healthcare started as a registered nurse in 2015. She completed a Bachelor of Science in Nursing at Southern Illinois University, Edwardsville, IL (SIUE), followed by a Doctorate of Nurse Practice in 2021. Kara is Certified as a Family Nurse Practitioner by the American Academy of Nurse Practitioners.

While practicing as a Nurse Practitioner, Kara maintained a presence in academics, previously serving as adjunct faculty at Maryville University, Town and Country, MO, and as a mentor to SIUE Nurse

Practitioner students. Kara currently serves as the Director of Beck School of Practical Nursing Program in Red Bud, IL. As a practitioner, Kara finds patient care truly rewarding and is passionate about providing evidence-based care to people of all walks of life, particularly those in underserved areas. She has experience in both the rural health clinic and walk-in clinic settings and looks forward to working in Memorial Hospital's convenient care. She will begin seeing patients in the upcoming months. Kara is excited to work in the clinical setting and looks forward to seeing patients in convenient care when she is available outside of her academic role.



Medicaid Changes are Coming

The Illinois Department of Healthcare and Family Services (HFS) is reminding Medicaid participants that federal Medicaid eligibility changes are expected to begin in October 2026, with additional requirements for some adults starting January 1, 2027.

Residents currently enrolled in Medicaid are encouraged to:

- Stay enrolled and complete coverage renewals as required.
- Keep contact information current with HFS to receive important updates.
- Stay informed about upcoming changes and any actions needed to maintain coverage.

Beginning in October 2026, changes to federal eligibility rules for certain lawfully present non-citizens may affect Medicaid coverage for some adults. Additional requirements, including more frequent renewals and work, school, or volunteer activity reporting, will apply to certain Medicaid expansion adults starting January 1, 2027. Some exemptions may be available.

For the latest information and updates, visit

GetMedicaidFacts.com

RANDOLPH COUNTY, ILLINOIS
RESOURCE GUIDE 2026-2027
FIFTH EDITION

SCAN FOR DIGITAL GUIDE

Bringing people and services together.

SCAN CODE

WEB LINK: BIT.LY/21RCRG1

PRINTED GUIDES WERE FUNDED BY COMWELL THROUGH THE RURAL COMMUNITIES OPIOID RESPONSE PROGRAM

Next Stop, Convenience! MRTD's Chester Loop Makes Getting Around Easy



The next time you see a BUS STOP sign, think of it as your gateway to healthcare, shopping, essential services, and greater independence.

The Monroe Randolph Transit District (MRTD) created the Chester Loop as part of its mission to provide safe, reliable, and affordable public transportation while helping remove transportation barriers that can make it difficult for residents to access healthcare, employment, shopping, and other everyday needs.

For just \$1 per trip, riders can travel throughout Chester using MRTD's convenient fixed-route service. The Chester Loop operates **Monday through Friday from 8:00 a.m. to 11:00 a.m.**, with the bus returning approximately every 45 minutes to designated stops along the route.

Unlike MRTD's reservation-based transportation services, the Chester Loop functions much like a traditional city bus route. Riders simply locate a designated bus stop, check the schedule, and board when the bus arrives, no reservation or advance scheduling required.

Connecting Chester's Key Destinations

Chester presents unique transportation challenges, with two major highways running through the community and many areas lacking easy pedestrian access.

The Chester Loop helps bridge those gaps by providing convenient access to important destinations throughout the city. Stops include locations near:

Chester Center
Hardee's
Randolph County Courthouse
MEMORIAL HOSPITAL
Chester Clinic
Walmart

Randolph County Health Department

The Chester Loop offers an affordable and dependable way to get to where you need to go.

More Affordable Transportation Options

The Chester Loop is just one way MRTD helps keep communities connected. MRTD also operates a Sparta Loop, which runs Monday through Friday from 11:00 a.m. to 2:00 p.m.

Need to travel beyond Chester or Sparta?

MRTD offers transportation to local communities for only \$3, providing another affordable option for regional travel. For trips that require a specific pickup and destination, MRTD's demand-response service makes scheduling simple. Riders can reserve a trip by calling **618-443-9087** at least **24 hours in advance**.

Fares remain affordable:

- \$6 for trips within the same county
- \$8 for trips between Monroe and Randolph counties

For route schedules, designated stops, and information about all available transportation services, visit www.gomrtd.com or call 618-443-9087.



CHESTER, IL ROUTE MAP

Monday-Friday from 8:00am to 11:00am



PICKUP & DROP-OFF SCHEDULE

1	Koeneman Acres	8:00	8:45	9:30	10:15
2	Chesterton Manor	8:06	8:51	9:36	10:21
3	Holmes & Brenda (Mobile Home Park)	8:09	8:54	9:39	10:24
4	Chester Center (Rozier's)	8:12	8:57	9:42	10:27
5	Hardee's	8:16	9:01	9:46	10:31
6	High Rise	8:19	9:04	9:49	10:34
7	Randolph County Courthouse	8:24	9:09	9:54	10:39
8	Chester Memorial Hospital	8:29	9:14	9:59	10:44
9	Wal-Mart	8:34	9:19	10:04	10:59
10	Randolph County Health Dept	8:39	9:24	10:09	10:54
0	Koeneman Acres	8:45	9:30	10:15	11:00

Mott Named South Central Illinois AHEC 2026 Healthcare Mentor of the Year



Autumn Gulley, South Central Illinois AHEC Student Intern, Rhonda Mott R.T. (R) (M) (CT), Gloria Przygoda, South Central IL AHEC Director, and Andria Zweigart, Director of Diagnostic Imaging and Health Information Management.

Memorial Hospital is proud to announce that Rhonda Mott, Lead Radiologic Technologist, has been named the 2026 Healthcare Mentor of the Year by South Central Illinois Area Health Education Center (AHEC) in recognition of her extraordinary commitment to mentoring and developing future healthcare professionals.

The South Central Illinois AHEC Healthcare Mentor of the Year Award recognizes healthcare professionals who go above and beyond in mentoring and teaching students in clinical settings. The award honors individuals who make a meaningful impact on student learning, professional development, and workforce readiness while helping shape the next generation of healthcare providers.

Mott was nominated for her decades-long dedication to healthcare education and her support of students completing clinical rotations at Memorial Hospital. As a clinical preceptor for approximately 35 years and a member of the Southwestern Illinois College (SWIC) Advisory Committee for more than 25 years, Mott has helped prepare countless students for successful careers in diagnostic imaging. She is one of SWIC's longest-serving clinical preceptors.

Mott has consistently provided students with a supportive, structured, and confidence-building learning environment. She thoroughly orients students to the clinical setting, integrates them into the healthcare team, encourages critical thinking, and provides reassurance during challenging situations. Students benefit from hands-on learning opportunities, constructive feedback, and real-world guidance on professional standards, teamwork, and patient-centered care.

For Mott, mentoring has always been rooted in a personal commitment she made early in her own career. "When I was a student in 1986, the facility where I completed my clinical training was not very student-friendly," said Mott. "I promised myself then that I would never treat a student the way I was treated. Students are investing in their education, and they are here to learn. It is our responsibility to provide them with as much training, knowledge, and patient-care experience as possible during their time with us."

Throughout her career, Mott has helped mentor nearly 100 students through their clinical experiences. She believes the key to effective mentoring is fully including students in the daily operations of the department and treating them as valued members of the healthcare team. "Each new student brings a new perspective and a new opportunity to teach," said Mott. "Our goal is to prepare them for successful careers in diagnostic imaging and healthcare. One of the greatest compliments we receive is when first-year students ask to return for their second year because of the experience they had here."

Her impact extends far beyond individual student success. Many healthcare professionals serving communities throughout Southern Illinois began their careers under Mott's guidance. By helping students build confidence, competence, and a passion for patient care, she has

played an important role in strengthening the healthcare workforce in the region.

In rural communities, where access to healthcare professionals is often a challenge, the importance of clinical mentors cannot be overstated. Dedicated preceptors like Mott help ensure that students gain the experience and encouragement needed to enter the workforce and remain in underserved areas. Her efforts contribute directly to the continued growth and sustainability of healthcare services across the region. "Creating and helping shape successful technologists is always rewarding," Mott said. "Seeing former students build successful careers and knowing we helped mentor them along the way is one of the most fulfilling aspects of my profession."

Mott's supervisor, Andria Zweigart, highlighted her long-standing commitment to student success, noting that Mott has consistently welcomed students, maintained high-quality clinical experiences regardless of staffing or workload challenges, and demonstrated a genuine investment in helping future healthcare professionals succeed.

Memorial Hospital congratulates Rhonda Mott on this well-deserved recognition and thanks her for the lasting impact she has made on students, the diagnostic imaging profession, and the health of the communities the hospital serves.



Mott receives award from AHEC Director



Mott's family surprised her at the presentation.

How to Stay Active When Heat and Air Quality Are Challenging

Summer can be a great time to stay active, but higher temperatures and changing air quality can also make it harder to exercise comfortably and safely especially for people managing heart or lung conditions. At Memorial Hospital's Cardiac Pulmonary Rehab Center, we encourage patients to stay active in ways that support their health while also being mindful of heat and air quality challenges.

Why Summer Activity Still Matters

Staying active during the summer helps maintain your current fitness level and supports overall health. Regular physical exercise can help improve cardiovascular health, strengthen muscles, enhance flexibility, and support immune function. Staying active can also help support overall mood and well-being.

Even when summer weather creates challenges, finding safe ways to continue moving can help you stay on track with your progress.

Summer Health Tips for Staying Active Safely

1. Hydrate

Choose water over sugary drinks and consider electrolyte replacement fluids when spending time outdoors. It is also important to avoid caffeine and alcoholic drinks, as they can contribute to dehydration.

2. Hibernate from the Heat

Try to stay indoors between 11 a.m. and 3 p.m., when the heat is often at its highest. If you must be outdoors, drink plenty of fluids, take frequent breaks, and rest in shaded areas whenever possible.

3. Watch the Heat Index

Be aware of the daily heat index before making outdoor plans. Many local television weather programs provide this information. If you need to check conditions at a specific time, visit www.airnow.gov and enter your ZIP code for current information.



4. When Air Quality Is Poor, Stay Indoors

Poor air quality can make outdoor activity more difficult. On days when air quality is poor, try to stay indoors as much as possible and adjust activity plans accordingly.

Staying Active with Support

Summer conditions may require a few adjustments, but activity can remain an important part of your routine. Choosing the right time of day, paying attention to air quality, and taking simple precautions can help you continue to move safely and confidently.

Learn More: If you have questions about staying active safely this summer, talk with your provider or call Memorial Hospital's Cardiac Pulmonary Rehab Center to learn more.

UPCOMING SESSIONS:

JUL 28
AUG 25
SEP 22

**CONNECT, SHARE, &
STAY MOTIVATED
in your health journey!**

Join our monthly accountability group at Memorial Hospital's Cardiac & Pulmonary Rehab Center in Chester, IL. Sessions may include a guided topic discussion and all will allow time for Q&A, fostering support and inspiration.



Fourth Tuesday of
Every Month
JOIN AT ANYTIME

1PM

Memorial Hospital
Conference Room
1900 State Street
Chester, IL 62233

Pre-Register Online at: www.mhchester.com/calendar-of-events
or call 618-826-4581 ext. 1373



Beat, Breathe, Thrive

SUPPORT GROUP



Memorial Community Pharmacy Partners with Randolph County Health Department to Expand Sharps Disposal Program



Constantine Charalab, Health Educator and Public Information Officer for the Randolph County Health Department and Amy Kloos Pharmacist and Director of Memorial Community Pharmacy.

Memorial Community Pharmacy is proud to partner with the Randolph County Health Department to expand access to a vital public health initiative offering free sharps containers and safe disposal services to Randolph County residents.

For the past three years, the Randolph County Health Department has led a successful program providing residents with free sharps collection containers and disposal of used sharps including needles, syringes, lancets, and auto-injectors. The program is funded through the Illinois Environmental Protection Agency's Residential Sharps Collection Grant, allowing the Health Department to remove financial barriers and offer these services at no cost.

To further increase access, Memorial Community Pharmacy, located within Memorial Hospital in Chester, is now serving as a distribution site for sharps containers. The pharmacy offers free 1-gallon and 2.2-quart containers to individuals who use injectable medications or other sharps. Containers are available for pickup during pharmacy hours: Monday through Friday from 7:30 a.m. to 5:30 p.m. and Saturday from 9:00 a.m. to 1:00 p.m.

"Expanding access to safe sharps disposal is essential to protecting both public health and our environment," said Constantine Charalab, Health Educator and Public Information Officer for the Randolph County Health Department. "By partnering with Memorial Community Pharmacy and others, we're making it easier and more convenient for residents to obtain the tools they need to dispose of sharps safely and responsibly."

Residents can return filled containers to the Randolph County Health Department office at 2515 State Street in Chester, where disposal is accepted Monday through Friday from 8:00 a.m. to 4:00 p.m. The Health Department also provides 1-quart, 2.2-quart, and 1-gallon containers directly from its office.

Proper disposal of sharps is critical to preventing accidental needlestick injuries and protecting family members, sanitation workers, and the community. Improper disposal in household trash or recycling poses significant safety risks that this program helps eliminate.

Since its launch, the program has successfully collected and properly disposed of more than 1,100 gallons of sharps, demonstrating both its impact and the ongoing need for convenient, accessible disposal services.

"We are proud to partner with the Randolph County Health Department to support this important initiative," said Amy Kloos, Pharmacist and Director of Memorial Community Pharmacy. "Providing free sharps containers through our pharmacy is one more way we can help patients safely manage their healthcare at home while protecting the broader community."

In addition to sharps safety efforts, Memorial Hospital offers a medication disposal drop box for unused or expired medications. This secure disposal option helps prevent misuse and environmental contamination. The drop box does not accept sharps, aerosols, or liquids.

Together, these services provide residents with safe, responsible options for both sharps and medication disposal supporting a cleaner, safer, and healthier Randolph County. For more information, contact the Randolph County Health Department or visit Memorial Community Pharmacy.

FREE PRENATAL CLASS

**October 3
8 AM – NOON**

Memorial Hospital: Conference Rm

REGISTER HERE: 

www.mhchester.com/prenatal-classes



ONLINE CLASS
(6–8 Hrs. at Own Pace)

HYBRID CLASS
(Online + 2 Hour In-Person)

IN-PERSON CLASS
(4 Hour Class)

Lung Screening Program Marks 10 Years of Lifesaving Impact

Memorial Hospital is celebrating a major milestone as its Lung Cancer Screening Program surpasses more than 730 patients screened over the past decade reflecting a strong commitment to early detection and improved outcomes for those at risk of lung cancer.

Lung cancer remains one of the most common and deadliest cancers worldwide, in part because it often develops without noticeable symptoms until it has progressed to later stages. Memorial Hospital's program is working to change that by offering low-dose CT (LDCT) lung screenings that can detect cancer early when treatment is most effective and survival rates are significantly higher.

Since welcoming its first patient in 2016, the program has made a meaningful and lasting impact on the community. Each screening represents someone seeking answers, reassurance, or a proactive step toward better health. Over time, participation has steadily grown, reflecting increased awareness, trust, and the importance of identifying cancer as early as possible.

Early Detection Saves Lives

Screening uses advanced low-dose CT technology to identify abnormalities in the lungs before symptoms appear. Much like mammograms for breast cancer, LDCT scans provide a proactive way to detect lung cancer at its earliest stages.

Large clinical trials, including the National Lung Screening Trial (NLST), have shown that LDCT screening can reduce lung cancer deaths by about 20% in high-risk individuals, with additional studies supporting meaningful reductions in mortality across screened populations.

At Memorial Hospital, the process is designed to be simple and convenient. The scan itself takes about five minutes, requires no preparation, and does not use IV contrast. Most patients are in and out within 30 minutes, and results are typically delivered the next business day.

Who Should Get Screened?

While screening is a powerful tool, it is intended for individuals at higher risk for lung cancer. Current guidelines recommend screening for those who:

- Are between 50 and 77 years old
- Have a smoking history of at least 20 pack-years
- Are current smokers or have quit within the last 15 years

Patients who meet these criteria are encouraged to talk with their healthcare provider to determine if screening is right for them. A physician's order and in many cases a shared decision-making visit is required before scheduling the exam.

A Guided, Patient-Centered Process

One of the program's greatest strengths is its coordinated, patient-centered approach. Once a physician submits an order, patients are contacted by a dedicated Nurse Navigator who guides them through each step.

Rhonda Mott, R.T.(R)(M)(CT), Chief Radiologic Technologist, has led the program for the past six years and continues to expand its reach and impact. "Our goal is to make lung screening simple, accessible, and impactful," Mott said. "The test is quick, the process is straightforward, and most importantly, it gives patients an opportunity to detect issues early—when treatment is most effective."

She works closely with Tamatha Hughes, RN, Nurse Navigator at Missouri Baptist, who ensures patients meet eligibility



Rhonda Mott, Chief Radiologic Technologist, Wesleyan Fadler and Melissa Poe, Radiologic Technologists.

requirements and feel supported from initial screening through any necessary follow-up care.

Reassurance, Monitoring, and Better Outcomes

For many patients, the program offers more than early detection; it provides peace of mind.

One patient, who chose to remain anonymous, shared their experience: "I was a heavy smoker for many years, and I wanted to stay ahead of any potential problems. These screenings give me peace of mind," the patient said. "They've found some benign nodules that they continue to monitor, and knowing everything is being watched closely makes a huge difference." The patient also shared that insurance coverage made it easier to get started. "It began as a precaution, but now it's something I rely on every year, and I've successfully quit smoking for three years," they added.

Over the past decade, the program has identified five lung cancer cases, several of them in early stages when treatment is most effective demonstrating the real impact of early detection.

Looking Ahead

Reaching more than 700 patients screened reflects growing community awareness of the importance of preventive care. As the program continues to expand, Memorial Hospital remains focused on increasing access, improving outcomes, and educating the public about lung cancer risks and screening benefits.

With most screenings covered by Medicare, Medicaid, and private insurance and a dedicated team supporting patients every step of the way the program is a powerful example of how proactive healthcare can save lives.

Take the Next Step

If you or a loved one may qualify for lung cancer screening, Memorial Hospital encourages you to start the conversation with your doctor. For more information or to schedule an appointment, contact the Lung Screening Program Nurse Navigator at 855-399-LUNG (5864).

Sources: National Lung Screening Trial Research Team, 2011; Frille et al., 2020.

ER's Emergency Radio Communications System Upgraded



Kim Ruebke, ER Nurse Manager, Marci Klein, RN, and Charlie Bargman II, Bio/Med Technician.

Memorial Hospital recently upgraded its emergency radio communication system, enhancing the hospital's ability to maintain reliable communications during both routine operations and emergency situations.

The new radio equipment is part of the statewide MERCI (Medical Emergency Radio Communications of Illinois) system, which provides hospitals and emergency responders with a dedicated backup method of communication during medical emergencies, severe weather, or technical disruptions. The system also supports clear, dependable communication between ambulances and the hospital during everyday emergency medical services (EMS) operations.

"Hospitals must be able to communicate quickly and clearly under all circumstances," said Charlie Bargman II, Bio/Med Technician. "This upgrade ensures our hospital remains connected with EMS providers and neighboring hospitals, even when traditional communication systems may be disrupted."

The MERCI radio system was originally provided to hospitals across Illinois through a collaborative effort between the Illinois Department of Public Health and the Illinois Terrorism Task Force, recognizing the importance of hospital to hospital and hospital to first responder communication during disasters. Since first being installed in 2007, Memorial Hospital's prior equipment has been in constant use.

Over time, that equipment experienced wear and technical challenges, including recent power supply failures and operational issues at the emergency department's main radio console. While repairs were made, replacement parts for the older system are no longer readily available. The new equipment ensures long term reliability and continued compliance with state and federal communication requirements.

The upgraded system improves reliability during emergencies and outages, while supporting clear communication with EMS teams and other hospitals when needed. Memorial Hospital remains fully compliant with state public safety communication requirements and continues to invest in dependable systems that support patient care and emergency response.

"Keeping our communication systems strong is just one way Memorial Hospital continues to invest in the safety of our patients, staff, and community," Kim Ruebke, ER Nurse Manager, added. "This upgrade reflects our commitment to staying current and prepared, today and into the future."

Reliable communication is critical in emergency care, and this upgrade helps ensure Memorial Hospital can continue to serve the community without interruption.

YOUR PHARMACY YOUR WAY

MEMORIAL
— COMMUNITY PHARMACY —

Monday-Friday
7:00am-5:30pm
Saturday 9:00am-1:00pm
Memorial Hospital
1900 State Street - Chester, IL 62233

Carol Buckholtz Retires Following 50 Years of Dedicated Service

witnessed a wedding in our chapel, had a gun pointed at me by an elderly female patient, cried with patients and families who lost a loved one, and admired so many newborns before we closed OB."

She also remembers participating in community parades, helping with Children's Health Fairs on the hospital's front lawn, and enduring the annual inventory and audit seasons. And, of course, one tradition stands above the rest. "Can't forget the best day of the year," she laughed, "the annual Wassail Party!"

Throughout her career, Carol witnessed many technological advancements that transformed healthcare operations. "When I started, we used data processing equipment," she said. "Our first computer system was McAuto. We shared a workstation with a tiny screen and had allocated time slots for each module." Those systems eventually evolved through ABC Computer Company and MCS before Memorial adopted MediTech, Cerner, and MultiView. One milestone remains particularly memorable. "I was elated to get my own computer on my desk after we completed the east-end addition project in the summer of 1999. Of course, I had to give up my No. 2 lead pencils! Wow, what a difference that made. Less errors and more efficiency."

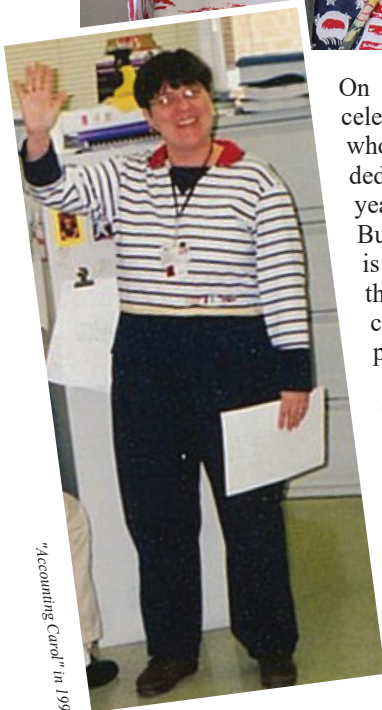
As she prepares for retirement, Carol says it's not the accounting work she'll remember most, but the people. "As I look back on my career, it's not the numbers, reports, or projects that stand out most. It's the people. The relationships I've built and the experiences we've shared have made this journey truly rewarding, and those memories will remain with me long after I retire."

Looking ahead, Carol plans to spend more time traveling with her husband Gary, visiting family and friends, quilting, sewing, crafting, and perhaps even taking a few classes simply for the joy of learning something new. "Retirement will give me the opportunity to slow

down, explore new interests, and spend more time doing the things I enjoy most with the people I love," she said. "I'm excited for this next chapter and all the adventures, big and small, that lie ahead."

Memorial Hospital extends its deepest gratitude to Carol Buckholtz for 50 years of extraordinary service, dedication, and friendship. Her impact on our organization and our community will be felt for years to come.

Congratulations, Carol, and best wishes on a well-earned retirement!



"Accounting Carol" in 1994

On August 12, Memorial Hospital will celebrate the retirement of an employee whose career spans five decades of service, dedication, and relationships. After 50 years with Memorial Hospital, Carol Buckholtz, Accounts Payable Specialist, is retiring and leaving behind a legacy that has touched countless patients, coworkers, and generations of healthcare professionals.

Carol began her Memorial Hospital journey on July 7, 1976, as a Switchboard Operator and Admitting Clerk. What she initially believed would be a temporary summer job quickly became a lifelong career.

"When I started at Memorial, my plan was for it to be a summer job and then find something else down the road," Carol recalled.

Over the years, Carol's career evolved through several important roles, including Admitting Supervisor, Bookkeeper, Accounting Specialist, and most recently, Accounts Payable Specialist. Her adaptability, commitment, and willingness to embrace change helped her successfully navigate decades of growth within the organization.

For Carol, however, the people have always been the most rewarding part of her career. "Since I'm a people person, answering what I like most about Memorial is easy," she said. "It has to be all of the people that I have met and worked with. I was once told that I couldn't be an accountant because I had too much personality! My coworkers became my friends. They came and went, but like family, the ties and memories that were made live on. I find happiness in working in an environment that helps and cares about everyone."

As one can imagine after 50 years, Carol has accumulated a lifetime of memories. "So many," she said. "Over the years I've



Serving Wassail in 2024



Halloween Dress-Up 1989

Community CARE

Memorial Hospital Employees, Out & About in Our Community



The City of Chester organized a Family Fun Day in May which included a Color Run. It was wonderful weather, great turnout, and lots of laugh and fun while incorporating physical activity. Memorial Hospital staff had the pleasure of attending to share information with participants along with Chester Dairy Queen, Buena Vista National Bank, ComWell, and the Randolph County Health Department. Our Cardiac Pulmonary Rehab Center staff provided a great warm-up to get everyone ready for the event!



In May, Memorial Hospital staff attended the Chester Grade's Career Day. The 7th and 8th graders had a fun filled day learning about several careers including healthcare. Staff shared information on the Medical Exploring Program at Memorial along with the variety of healthcare careers that are available.



ComWell hosted a Summer Kick-Off Cook Out at the "High Rise" apartments in Chester in May. Residents and families were invited to a full BBQ menu with activities for guests along with informational tables. Memorial Hospital attended the event to share resources.

WHAT HAPPENED LAST QUARTER?

Employee of the 2nd Quarter of 2026



Kenneth Stout and Brett Bollmann, CEO

Brett Bollmann, CEO at Memorial Hospital named Kenneth Stout Employee of the Quarter for the Second Quarter 2026 on July 15, 2026.

Kenneth Stout, Respiratory Therapist at Memorial Hospital, has been employed at Memorial since January 1989. When asked what he likes most about working at Memorial, he replied, "I enjoy the patient care portion of my position. Getting to see the patient improve while they are here."

Multiple nominations were submitted on his behalf that expressed

why Stout was a valid candidate. The nominations recognized his dedication, compassion, and teamwork. During periods of staffing challenges, Stout consistently stepped up to meet the needs of the department, covering additional shifts, adapting schedules, and taking on extra responsibilities to ensure uninterrupted, high-quality service. Patients frequently praise his professionalism, clear communication, and compassionate approach, while colleagues value his reliability, calm presence, and willingness to support others whenever needed. Through a selfless commitment to both patients and coworkers, Stout demonstrates the qualities of a true team player and serves as an outstanding example of the organization's values in action.

"It is often said that outstanding employees are those who quietly do the right thing every day, not for recognition, but because they care deeply about their patients, their coworkers, and their organization. This individual is the very definition of that statement," noted one nomination.

Stout resides in Chester, IL. When he is not at work, he enjoys spending time traveling and seeing our national parks. He is also an avid model railroader.

Each quarter employees are encouraged to submit "star cards" for their co-workers who go above and beyond in their patient care or teamwork. Four random cards were drawn at the award presentation for Thomas Pingel, Physical Therapy Assistant, Dylan Dungan, LPN, Teresa Jackson, Patient Coordinator, and Anna Burmester, Physical Therapy Assistant.



Alyssa Williams, RN

Memorial Hospital is proud to celebrate Alyssa Williams, RN, on completing the hospital's 18-week Nurse Residency Program, where she gained experience caring for patients in both the Medical-Surgical Unit and Emergency Room.

Williams Completes RN Residency Program

This milestone reflects not only Alyssa's hard work, but also her heart for caring for others. Throughout her residence, she showed a genuine compassion for her patients, a strong desire to learn, and a dedication to being there when people need it most.

Alyssa's journey at Memorial Hospital began in 2023 as a Certified Nursing Assistant (CNA). While supporting patients and her team, she worked toward her goal of becoming a nurse; a goal she proudly achieved in January 2026. Her story is one of determination, growth, and a deep commitment to helping others.

"Alyssa's journey is truly special to watch," said Kelly Jany, Chief Nursing Officer at Memorial Hospital. "One of the most meaningful parts of my role is seeing our team members grow into the nurses they've

dreamed of becoming. Alyssa brings compassion, positivity, and a willingness to learn every day, and that has made a lasting impact on everyone around her."

Her coworkers and leaders consistently share positive feedback about her kindness, teamwork, and dedication. Alyssa's choice to continue her career at Memorial Hospital speaks volumes about her connection to the patients, staff, and community she serves. "We are so grateful Alyssa chose to stay and grow with us," Jany added. "She has a bright future ahead, and we are honored to be part of her journey."

Memorial Hospital is proud to have Alyssa on its team and looks forward to supporting her as she continues to grow and care for the community she calls home.

WHAT HAPPENED LAST QUARTER?

DAISY Awards Presented for First Half of 2026



DAISY Award Nominees. L-R: Amy Eggemeyer, Care Coordinator Manager; Rebekah Luthy, BSN, RN; Brittany Casarez, RN; Robin Bixby, LPN; Molly Ebers, LPN; and Kelly Jany, Chief Nursing Officer.

On May 8, 2026, Memorial Hospital of Chester held its DAISY Award for Extraordinary Nurses recognition ceremony. The DAISY Foundation was established in 1999 by the family of Patrick Barnes, who passed away at age 33 from complications of the autoimmune disease ITP. During Patrick's hospitalization, his family was deeply moved by the exceptional clinical care and compassion shown by the nurses who cared for him. Their gratitude led to the creation of the DAISY Foundation, which has since grown into an international program honoring nurses for the extraordinary care they provide to patients and families every day. DAISY stands for Diseases Attacking the Immune System.

Nominees for the first half of 2026 were presented with a pin and certificate. The nominees included Brittany Casarez, RN and Rebekah Luthy, BSN, RN from Memorial Hospital, and Robin Bixby, LPN and Molly Ebers, LPN from the Rural Health Clinics.

Memorial Hospital's DAISY Award Honoree for the first half of 2026 is Brittany Casarez. Brittany was recognized for saving a patient's life. After a year of unresolved headaches and nausea and multiple doctor visits with no answers, the family came to the ER expecting the same outcomes. Brittany advocated for the patient by encouraging the physician to order a CT

scan, which revealed a large abdominal mass. Because of her persistence, the patient was immediately transferred and had life-saving surgery the next day. The patient is now home and recovering well. "If it were not for Brittany's dedication, attentiveness, and willingness to speak up, the patient may not be here today," stated Kelly Jany, Chief Nursing Officer at Memorial. "Brittany's actions exemplify exceptional nursing care, and she absolutely deserves this recognition."

During the ceremony, Kelly Jany, expressed her gratitude to staff following the reading of nominations. "These nominations are a powerful reflection of the extraordinary nurses we are privileged to have on our team. Rebekah, Robin, Molly, and Brittany exemplify the true spirit of nursing through their compassion, advocacy, and unwavering dedication to both patients and colleagues. Their ability to listen deeply, preserve dignity during vulnerable moments, and step forward when it matters most makes a profound difference in the lives they touch. Whether advocating for life saving care, providing comfort during frightening moments, or supporting coworkers without hesitation, these nurses consistently go above and beyond. They represent the very best of our profession, and we are grateful for the care, humanity, and excellence they bring to our organization every day."

DAISY Award Nominations:



Brittany Casarez, RN

I want to nominate Brittany Casarez for the Daisy Award. She saved my daughter's life, and that is no exaggeration. She had been having headaches and nausea for about a year and has seen several doctors with no answers. We took her to Chester Hospital, and they were too just going to send her home with nausea medication without answers, until Brittany encouraged the ER doctor to do a CT of my daughter abdomen. They found a huge mass. She was transferred and had surgery the next day to remove it. My daughter, Addy, is now home recovering from surgery and doing great. I feel that if it wasn't for Brittany, Addy would not be with us today. Brittany absolutely deserves the Daisy Award.



Robin Bixby, LPN

"Robin is an exceptional nurse. She shows compassion, dedication, and teamwork every day. Robin consistently demonstrates a caring and patient approach in everything she does.

She takes the time to truly listen to each patient, ensuring they feel heard, respected, and comforted during their care. Robin's kindness and patience stand out, especially in challenging situations, where she remains calm and supportive. She goes above and beyond not only for her patients but also for her

WHAT HAPPENED LAST QUARTER?

co-workers. She has recently transitioned her focus to working 1-on-1 with providers which she has excelled at. Robin is a supportive and reliable team member and her positive attitude and willingness to help others makes her a joy to work with. Robin shows the true spirit of nursing through her compassion, professionalism, and dedication."



Molly Ebers, LPN
"Molly is the heart and soul of nursing. Her dedication to her patients goes far beyond what is expected, and she cares for each one of them like they were her own family."

Whether a patient is frightened, vulnerable, or facing one of their harder days, Molly meets them with unwavering kindness, compassion, and genuine empathy. She has an extraordinary ability to make patients feel safe, respected, and truly cared for.

Molly consistently provides deeply personal care in the clinic with the utmost dignity and respect. In moments when patients feel most vulnerable, she preserves their dignity through gentle reassurance, patience, and compassion. She never rushes, never overlooks comfort, and always ensures that her patients feel valued as people; not just as patients.

Her selflessness extends beyond patient care to her coworkers as well. Molly willingly steps in to help with even the most difficult and unpleasant tasks, doing so without hesitation or complaint. Her positive attitude and willingness to support others create a sense of trust and teamwork that elevates everyone around her.

Molly's presence leaves a lasting impact on patients, families, and staff alike. She is an advocate, a comforter, and a constant source of strength. Through her actions, Molly exemplifies what it truly means to be a nurse, and she embodies the compassion, excellence, and humanity recognized by the DAISY award."



Rebekah Luthy, BSN, RN

"She has taken the time to make sure my son fully understands everything. She helped him pick out food when he was finally approved to do so. He

came onto this unit (Med/Surg) under some super scary situations. I have been extremely emotional. She has also made sure I am alright as well. She has definitely gone above and beyond to make sure he feels safe and aware of everything. Thank you for caring so much. You are an amazing nurse, keep up the great work. We are both extremely thankful for you!"

Anyone can nominate a nurse for a DAISY Award at any time, either on paper or electronically at

www.mhchester.com/daisy-nominations

Fulmer, Achieves Surgical Technologist Achievement

Memorial Hospital is proud to recognize Haley Fulmer, ORT, for her recent graduation and outstanding performance as a valued member of the perioperative team.

Haley joined Memorial Hospital in March 2026 and recently graduated from the Surgical Technologist program at John A. Logan College on May 16, 2026, earning her Associate in Applied Science Degree. This program prepares surgical technologists to play a critical role within the healthcare team, working alongside surgeons, nurses, and anesthesiologists to ensure safe and effective surgical procedures. Surgical technologists are highly trained in sterile and aseptic techniques, patient safety practices, and the preparation and management of operating room environments.

In her role as an Operating Room Technician (ORT) at Memorial Hospital, Haley is already demonstrating the essential qualities that define excellence in surgical care. As she nears completion of her orientation, her dedication and eagerness to grow have earned high praise from leadership. "Haley is doing extremely well," said Zachary Dunker, Nurse Manager for Perioperative and Infusion Services. "She

is catching on quickly, takes initiative in everything she does, and is always looking for ways to improve her skills and contribute to the team."

Surgical technologists play a vital role in patient care, ensuring operating rooms are prepared for procedures, maintaining sterile environments, assisting surgeons during operations, and anticipating the needs of the surgical team. Haley has embraced these responsibilities wholeheartedly, showing a strong commitment to both her professional development and to delivering high-quality patient care. Her colleagues have already noted her positive attitude and collaborative spirit. Haley's proactive approach to learning and teamwork has made her a standout addition to the department. "We are thrilled to have Haley as part of the Memorial Hospital team," Dunker added. "Her work ethic, enthusiasm, and dedication to excellence position her for a bright future in healthcare. We look forward to working with her for many years to come."

Memorial Hospital congratulates Haley Fulmer on her recent accomplishments and is excited to support her continued growth and success in her career.

Haley Fulmer, ORT,



WHAT HAPPENED LAST QUARTER?

Staff Strengthen Safety Skills Through De-Escalation Training



Sergeant Joe Jany presents to Memorial Hospital staff.

Memorial Hospital recently partnered with the Chester Police Department to provide an impactful Verbal and Physical De-Escalation Training for staff, reinforcing the hospital's ongoing commitment to workplace safety and high-quality patient care.

The training, held on June 9 at the hospital, was led by Sergeant Joe Jany and Officer Steve Laramore of the Chester Police Department. Two sessions were offered to accommodate staff schedules, with priority given to Emergency Room personnel and Nursing Supervisors. Each session combined classroom instruction with hands-on practice, equipping participants with practical tools to manage and safely de-escalate challenging situations.

The impact of the training was evident in the way staff talked about their experience afterward. Survey responses reflected not just satisfaction, but a sense of reassurance and renewed confidence. Every participant

rated the training highly, and most shared that they now feel better equipped to navigate high stress situations that can arise in a healthcare setting.

What stood out most to attendees was the opportunity to step beyond simply hearing about de escalation and actually practice it. Through hands on demonstrations and realistic scenarios, staff were able to work alongside colleagues, try techniques in real time, and build skills they could immediately bring back to their roles. Many described these moments as the most valuable part of the experience, where learning truly "clicked."

Participants also spoke highly of the instructors, noting their ability to break down complex situations into clear, practical steps. Their approachable style and real world insight helped bridge the gap between law enforcement techniques and everyday patient care, making the training feel relevant,

empowering, and directly applicable to the hospital environment.

"This training gave our team practical, easy-to-apply strategies that can make a critical difference in maintaining a safe environment," said Kelly Jany, Chief Nursing Officer. "From verbal communication techniques to physical self-protection methods, our staff now feel more prepared and supported when facing difficult situations."

The training emphasized proactive safety measures, situational awareness, and communication strategies designed to reduce escalation before it becomes physical. It also provided staff with effective techniques to protect themselves and others if a situation intensifies, helping ensure the safety of patients, visitors, and team members alike.

Memorial Hospital views this training as a key component of its broader mission to foster a culture of safety, compassion, and excellence. By investing in staff development and partnering with local law enforcement, the organization continues to prioritize both employee well-being and exceptional patient care. "We are extremely grateful to the Chester Police Department for their partnership and dedication," Jany added. "Their expertise and willingness to engage with our team directly strengthens our ability to provide a safe, supportive environment for everyone who enters our facility."

Additional de-escalation training sessions are expected to be scheduled in the future to ensure all staff have access to this valuable program.



SCHOOL CHECKLIST

HEAD INTO AUGUST
WITH THINGS MARKED OFF YOUR LIST

☒ School Physical

☒ Sports Physical

☒ Immunizations



WHAT HAPPENED LAST QUARTER?

Cardiac Pulmonary Rehab Center Staff Attend State Conference and Host Training on New Cardiac Technology



Kestra Medical Technologies presents Assure Cardiac Recovery System

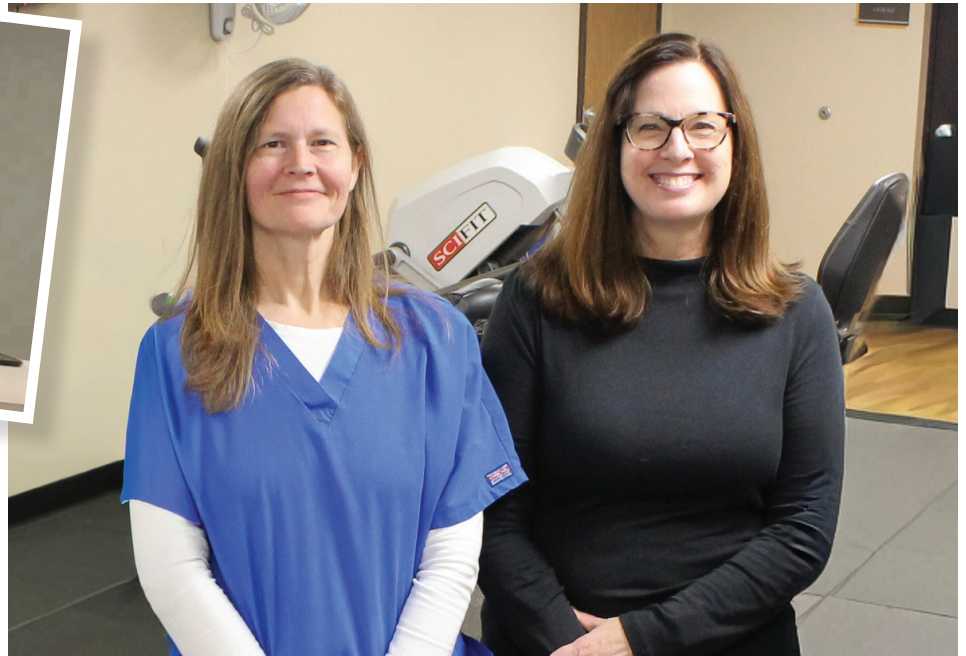
Representatives

from Memorial Hospital's Cardiac Pulmonary Rehab Center, Amy Mathis, RN, and Melissa Soellner, MS, RDN, CDE, ACSM-CEP, recently participated in advanced training opportunities to enhance patient care and stay current with emerging trends in cardiac and pulmonary rehabilitation.

Mathis and Soellner attended the 35th Annual Illinois Society for Cardiovascular and Pulmonary Health (ISCHR) Conference, held March 13–14, 2026, on the campus of Lewis University in Romeoville, Illinois. The two-day conference brought together healthcare professionals from across the state for education on the latest research, treatment approaches, and technologies in the field.

The conference began with exhibits from a variety of vendors offering new medical products, services, and educational programs designed to support cardiac and pulmonary rehabilitation. One featured vendor, Kestra Medical Technologies, introduced its Assure Cardiac Recovery System, a wearable defibrillator designed to help patients with heart failure maintain a more active lifestyle while remaining safe.

Throughout the conference, sessions focused on practical ways to improve patient care, strategies to strengthen individualized treatment plans, presentations that explored advances in robotics for pulmonary care, particularly during bronchoscopies, as well as the effects of cannabis use on heart and lung health. Additional sessions emphasized the connection



Amy Mathis, RN, and Melissa Soellner, MS, RDN, CDE, ACSM-CEP

between physical and cognitive health. One interactive presentation examined emerging research on the relationship between exercise and conditions such as Alzheimer's disease. Participants practiced simple, low-impact exercises that combined physical movement with mental engagement, such as walking in place while counting backward.

Additional sessions covered the importance of inspiratory muscle training in both pulmonary and cardiac rehabilitation, as well as discussions on healthy lifestyle choices compared to the increasing use of GLP-1 medications. Attendees also learned about pediatric cardiac and pulmonary rehabilitation programs and the positive outcomes achieved through age-appropriate care.

Mathis reflected on the experience, stating, "By far my favorite part of the conference was the videos of robotic heart and lung procedures. The physician indicated that his sternal infection rate with the new procedure is zero. This is due to eliminating the need for a sternal incision, which traditionally resulted in a large, permanent scar. Though only a few surgeons currently perform this technique, it has the potential to benefit many more

patients in the future."

Following the conference, the Cardiac Pulmonary Rehab Center took steps to bring new knowledge directly to staff. After connecting with Kestra Medical Technologies at the event, the team invited representative Jana Steibel, RN, to provide an in-service training on the Assure Cardiac Recovery System.

On April 21, 2026, Steibel led an educational session for staff, with additional recordings made available for those unable to attend. The training provided hands-on insight into the wearable defibrillator, which is designed to protect patients at risk of sudden cardiac arrest while allowing them to continue daily activities, even activities such as motorcycle riding, when appropriate.

This training ensures that staff are prepared to care for patients using the system, both within the rehabilitation program and in emergency situations.

By participating in professional development opportunities and bringing new education back to the facility, the Cardiac Pulmonary Rehab Center continues its commitment to delivering high-quality, up-to-date care to the community.

WHAT HAPPENED LAST QUARTER?



Kristina Jany, RN

Memorial Hospital is proud to recognize Kristina Jany, RN, for earning the Nurse Lead III (Expert) designation through the hospital's Professional Practice Development Program. This recognition honors nurses who demonstrate a high level of professional growth, leadership, continued learning, and commitment to excellent patient care. The program is designed to support nursing staff as they build their skills, expand their knowledge, and strengthen the quality of care they provide every day. Quality and safety are the foundation of Memorial Hospital's mission, and this program helps nurses continue growing in ways that directly benefit patients and families.

The Professional Practice Development

Jany Honored for Excellence in Professional Development

Program is based on the idea that strong nursing care comes from a combination of knowledge, experience, skill, attitude, and responsiveness to patient needs. Memorial Hospital uses a nationally recognized framework recommended by the American Association of Critical-Care Nurses (AACN) and the American Nurses Credentialing Center (ANCC) to evaluate nursing development across eight important areas of practice. These areas include clinical judgment, collaboration, advocacy, professional caring, facilitation of learning, and ongoing clinical inquiry. Memorial Hospital organizes these competencies into progressive levels of professional development and recognizes nurses who go "above and beyond" in their practice and contributions to the organization. Earning the Nurse Lead III (Expert) level reflects one of the highest levels of achievement in the program.

Kristina became a Licensed Practical Nurse in 1996 and a Registered Nurse in 2001. She has been employed at Memorial Hospital for nearly 24 years and has built a strong and respected career through dedication, growth, and service. Kristina began her work at Memorial Hospital on Med-Surg and went on to cross-train in both the Emergency Room and Intensive Care Unit. She also has experience serving as a night shift house supervisor, demonstrating her versatility

and leadership in a variety of clinical settings. Kristina has also pursued national specialty certifications that reflect her commitment to professional excellence. She earned her Trauma Certified Registered Nurse (TCRN) certification through the Board of Certification for Emergency Nursing in 2018 and her Certified Emergency Nurse (CEN) credential in 2019. These accomplishments show her dedication to continued education and advanced expertise in emergency nursing.

Today, Kristina serves as an ER nurse clinical expert and a trusted resource to staff across multiple departments. She helps promote best practices and supports high-quality, patient-centered care throughout the hospital. Her knowledge, experience, and willingness to support others make her a valuable member of the Memorial Hospital team.

Kristina shared that she always strives to be a great employee and coworker. That attitude, combined with her years of service, broad clinical experience, and ongoing professional growth, reflects the purpose of the Professional Practice Development Program. Memorial Hospital is honored to recognize Kristina for this well-deserved achievement and grateful for the example she sets for fellow staff members across the organization.

Child and Babysitting Safety Certified

Memorial Hospital hosted a Child and Babysitting Safety (CABS) Class in June, equipping 12 students with the knowledge and confidence to become responsible, capable caregivers.

Led by Certified BLS Instructor Mariah Bargman, the session combined classroom instruction with hands-on training to cover a wide range of essential childcare topics.

Participants practiced:

- Diapering and potty training techniques
- Safe feeding practices
- Proper hand hygiene
- Basic First Aid
- CPR and choking rescue procedures



Back Row L-R: Alayna Garver, Kenna Knop, Brooke Chandler, Brynn Berkbuegler, Myah Palacio, Taytum Holder. Front Row L-R: Sophie Rieckenberg, Ady Caron, Kimberly Lundstrom, Jaeda Yarbrough, Hattie Schaaf, and Adaya Wunderlich

These interactive lessons not only taught practical skills but also emphasized the importance of attentiveness, empathy, and safety that every trusted babysitter should embody.

Whether caring for siblings, neighbors, or family friends, students left the class feeling empowered and prepared to handle real-life caregiving situations with confidence.

Memorial is hosting their next class on July 23. Register online at www.mhchester.com.

WHAT HAPPENED LAST QUARTER?

Youth Experience Healthcare Careers at Junior Explorers Camp



2026 Junior Explorers: Sophie Campbell, Atleigh Sullivan, Mason Jones, Ian Eyman, Wylin Sullivan, Roy Petrowske, Myah Palacio, Jackson Conway, and Ryker Ridings.

Memorial Hospital recently hosted its 3-day Junior Explorers Camp, welcoming nine students entering grades 6 through 8 for an engaging, hands-on introduction to healthcare careers.

Throughout the camp, participants explored 13 different professions and received valuable training in first aid, CPR, AED use, and choking rescue. Students toured and interacted with several hospital departments, including the lab, nursing, cardiac pulmonary rehabilitation, pharmacy, cardiopulmonary, diagnostic imaging, dentistry, occupational therapy, surgical department, specialty clinic, dietary services, speech pathology, and AirEvac. Activities ranged from practicing patient transfers with a Hoyer lift and participating in an Autopulse demonstration to building X-ray images, properly putting on personal protective equipment, and learning adaptive tools used in therapy. While weather prevented an AirEvac helicopter landing, students still gained insight through an in-depth discussion about emergency air transport.

Medical Explorers assisted throughout the camp, helping guide students as they actively participated, asked thoughtful questions, and explored potential career paths. By the end of the week, each student had identified multiple healthcare careers that sparked their interest.



Donning and doffing PPE correctly with the Surgery.



Using the Hoyer lift with Nursing.



Microbiology with the Lab.



Adaptive tools with Occupational Therapy.



Looking inside our ears with Audiology.



Kitchen tour with Dietary.



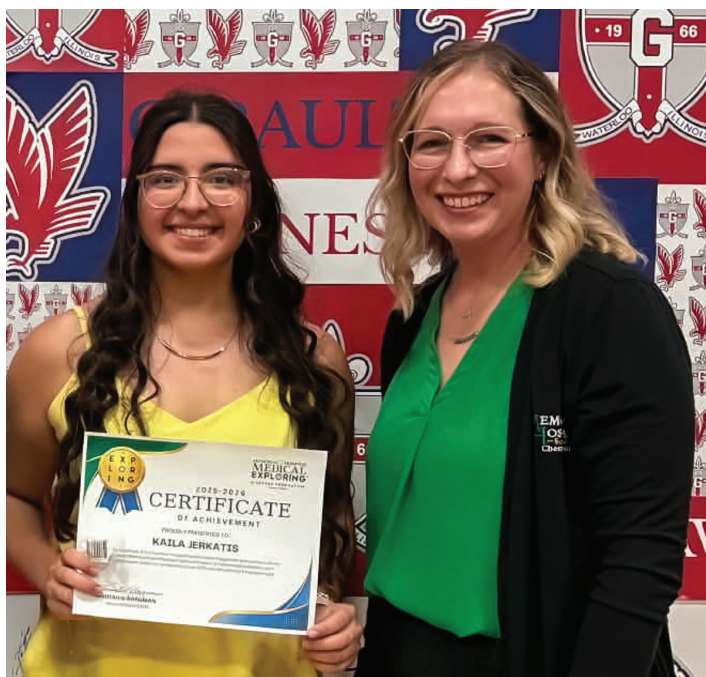
Filling teeth with Dentistry.



Mixing IV's with Pharmacy.

WHAT HAPPENED LAST QUARTER?

Jerkatis Named Medical Explorers Scholarship Winner



Kaila Jerkatis and Mariah Bargman, Medical Explorers Program Director

Memorial Hospital is proud to announce that Kaila Jerkatis, a senior at Gibault High School, has been named the 2026 recipient of the Memorial Hospital Medical Explorers Scholarship.

The Medical Explorers Scholarship is awarded annually to a high school senior or college student who is an active member of the

Memorial Hospital Medical Explorers Post. Applicants complete a structured program that includes six hours of job shadowing throughout the hospital. Upon completion of their shadowing and submission of a reflection essay, a scholarship is awarded by the Memorial Hospital Auxiliary. Recipients are selected by a committee based on their engagement in the scholarship program and the strength of their final essay.

This year, three graduating seniors applied for the scholarship. After careful review, the committee selected Kaila Jerkatis for her outstanding participation and thoughtful reflection on her experience.

During her time in the program, Jerkatis had the opportunity to shadow multiple departments throughout Memorial Hospital. Reflecting on her experience, she shared how it deepened her understanding of hospital operations and patient care.

Through her participation in the Medical Explorers Program, Jerkatis developed a greater appreciation for the collaborative nature of healthcare and the dedication of medical professionals. "This experience has reassured me in my desire to become a doctor because it has shown me how meaningful it is to be part of a team that directly impacts people's quality of life," she said.

Jerkatis was formally presented with the scholarship during the Gibault High School Awards Ceremony on Friday, May 15. Memorial Hospital and its Auxiliary congratulate Kaila Jerkatis on this achievement and wish her continued success as she pursues a future in medicine.



2026-2027 PROGRAM APPLY BY SEP 1

The Memorial Hospital Medical Explorer Program is for high school and college students who are interested in Healthcare Careers. Whether you already know what occupation you would like to pursue or you have not decided on a specific career field yet, through Medical Explorers you will have opportunities to learn about a variety of careers, participate in hands-on activities, and meet healthcare professionals.



APPLY ONLINE
mhchester.com/exploring

Memorial Hospital - Chester, IL
for More information, contact Mariah Bargman at
mbargman@mhchester.com 618-826-4581 ext 1373



WHAT HAPPENED LAST QUARTER?

Healthcare Week: Building Bridges to Better Health

Memorial Hospital celebrated Healthcare Week May 11-15 with this year's theme being "Building Bridges to Better Health". All week long staff participated in dress up days, were treated to a free lunch and Dairy Queen treats, and played games. On Wednesday a "Pier" Awards ceremony was held, recognizing coworker nominated staff for some fun awards.

Staff were asked to nominate their co-workers for 7 different categories. Over 160 employees (60%) were nominated, which says a lot about the exceptional employees we have at Memorial.

In the end, the votes were tallied and these were our winners:

Bridge Builder

Brings departments together to solve problems between teams.

Winner - Jennifer Donjon Runner-Up - Sarah Rathert

Golden Hard Hat

Always steps up to help others, MVP.

Winner - Emily Colvis Runner-Up - Jessica Valleroy

Strong Foundation Award

Consistently provides stability, reliability, and excellence.

Winner - Becky Hahn Runner-Up - Amy Kirkland

Blueprint Thinker Award

Creative, innovative, or a problem-solver.

Winner - Maribeth Golding Runner-Up - Tabby Pinkley

Load-Bearing Beam Award

Supports the whole team behind the scenes.

Winner - Torrie Davitz Runner-Up - Amanda Rhyne

Community Connector Award

Builds strong patient or community relationships.

Winner - Amy Eggemeyer Runner-Up - Denise Wilson

Steel Cable Spirit

Positive and resilient,

someone whose attitude holds everything together.

Winner - Grace Beetley Runner-Up - Jennifer Ridings

We are appreciative to everyone who nominated their co-workers and all of our employees who go above and beyond everyday! And special thank you to Dr. Kirkpatrick for constructing our one-of-a-kind awards!



Top to Bottom, Left to Right: Mariah Bargman, Community Relations Manager and Amy Eggemeyer Community Connector Award recipient. Tabby Pinkley, Blueprint Thinker Award. Chester Clinic staff dressed up for "Building Bridges to Better Health" construction theme day. Emily Colvis and Jessica Valleroy, Golden Hard Hat recipients. Mariah Bargman and Becky Hahn, Strong Foundation Award. Specialty Clinic staff dressed up for "United We Care" day in their red, white, and blue. Mariah Bargman and Sarah Rathert, Bridge Builder Award. Mariah Bargman and Jennifer Ridings, Steel Cable Spirit Award. Diagnostic Imaging staff sporting their bridge themed shirts for dress up day.

Memorial Hospital Auxiliary Purchases AccuVein Vein Finder for Outpatient Laboratory

The Memorial Hospital Auxiliary has demonstrated its continued commitment to enhancing patient care through the purchase of a new AccuVein Vein Finder from Fisher Healthcare for the Memorial Hospital Outpatient Laboratory Department at a cost of \$6,293.76.

The AccuVein Vein Finder is an advanced vein visualization device that uses near-infrared (NIR) technology to project a real-time image of a patient's veins directly onto the skin. This allows laboratory and clinical staff to quickly identify suitable veins for blood draws and other venous access procedures. According to AccuVein, the technology helps clinicians visualize veins, valves, and vein branches that may not be visible to the naked eye, supporting better-informed site selection and improved patient care.

For outpatient laboratory patients, the device can be especially beneficial for individuals who have difficult-to-find veins, including children, older adults, patients with chronic illnesses, and those who require frequent blood draws. The enhanced visualization can help reduce the number of needle-stick attempts, improving both patient comfort and the overall experience. AccuVein reports that near-infrared vein visualization technology can support higher first-attempt success rates and improved procedure efficiency.

The handheld device is lightweight and portable, allowing laboratory staff to easily use it throughout the department. It projects a clear image of superficial veins and remains in focus during use, helping clinicians accurately locate veins prior to venipuncture procedures. The system also offers adjustable brightness settings to accommodate different patient skin tones and lighting conditions.

"The Auxiliary is proud to support the purchase of equipment that directly benefits our patients and staff," said Auxiliary President, Mardell Granger. "This investment reflects our ongoing mission to enhance healthcare services at Memorial Hospital and provide the best possible experience for those we serve."

VOLUNTEER & AUXILIARY NEWS



Phlebotomist, Summer Hassebrock, demonstrates locating the patient's vein with ease.

Memorial Hospital Outpatient Laboratory personnel anticipate that the AccuVein Vein Finder will improve efficiency, increase patient satisfaction, and assist staff in obtaining blood specimens more quickly and comfortably. By reducing the challenges associated with difficult venous access, the technology supports the department's dedication to delivering high-quality, compassionate care.

The Memorial Hospital Auxiliary has long supported hospital departments through fundraising efforts and philanthropic contributions. The purchase of the AccuVein Vein Finder is another example of the Auxiliary's dedication to advancing patient care and providing valuable resources that help healthcare professionals deliver exceptional service.

To learn more about the
Memorial Hospital Auxiliary or
Volunteer Program,
visit: www.mhchester.com/volunteer
or call Apryl Bradshaw at
618-826-4581 ext. 1299.



Upcoming



community Events

WWW.MHCHESTER.COM/CALENDAR-OF-EVENTS



8:00am-11:00am - No Appointment Needed

July 18 - Chester Clinic (Chester School District Only)

July 25 - Steeleville Family Practice (Steeleville and Trico School Districts Only)

A Signed Physical Form is Required - Parent/Guardian needs to sign prior to exam.

Download form at: www.mhchester.com/free-sports-physicals



July 23 8:00am-2:00pm

Cost: \$25 | Boys and Girls Ages 11-14 years

Memorial Hospital - Conference Room

Pre-Registration required!

Pre-Registration and More Information at www.mhchester.com



Beat, Breathe, Thrive
SUPPORT GROUP

Fourth Tuesdays of Each Month | Jul 28, Aug 25, Sep 22

1:00-2:00pm - Cost: FREE | Pre-Registration Recommended

Memorial Hospital - Conference Room

Pre-Registration and More Information at www.mhchester.com



American
Red Cross

Blood Drive

August 21 | October 16 | December 18

11:30am-4:00pm - Memorial Hospital Conference Room

Sign-up to Donate: www.redcrossblood.org



Application Deadline: Sep 1, 2026

Cost: FREE | Open to High School Freshmen up to Age 20

Apply online at www.mhchester.com/exploring

Contact Mariah Bargman with questions: mbargman@mhchester.com or 618-826-4581 ext. 1373



MENTAL
HEALTH
FIRST AID®

Oct 2, 2026 | 8:30am-3:00pm

Cost: FREE | Open to Anyone

Memorial Hospital - Conference Room, Presented by ComWell

Pre-Registration required; to register email bpangelinan@comwell.us

Sometimes, first aid isn't a bandage, or CPR, or calling 911. Sometimes, first aid is YOU.

FREE PRENATAL CLASS

Oct 3, 2026 | 8:00am-Noon

Cost: FREE | Pre-Registration Required

Memorial Hospital - Conference Room

Pre-Registration and More Information at www.mhchester.com

NEW Virtual Learning Option Available

Learn more at: www.mhchester.com/prenatal-classes

MEMORIAL HOSPITAL'S SERVICES

Bone Density Screening
Cardiac Pulmonary Rehab Center
Chemotherapy & Infusion Center
Diabetic Resources
ECG & EEG
Endoscopy
Intensive Care Unit
Lung Screening
MRI & CT

3D Mammography
Nuclear Medicine
Radiology/X-Ray
Same Day Surgery
Sleep Disorder Treatment & Lab
Sonography/Ultrasound
Swing Bed Program
Treadmill Stress Testing
Wound Center

MEMORIAL HOSPITAL'S SPECIALTY PROVIDERS

*Bringing Specialty Clinic Doctors to you
so you don't have to travel away from home.*

Audiology

C. Joseph Hopper IV, AuD

Cardiology

John Groll, M.D.

M. Adil Sheikh, M.D.

General Surgery

Ziya Baghmanli, M.D.

Margret De Guzman, M.D.

Nephrology

Vamsi Chilluru, M.D.

Oncology/Hematology

Justin Floyd, D.O.

Michelle McQuillan, DNP, FNP-BC

ENT/Otolaryngology

Rebecca Brandsted, M.D.

John Park, M.D.

Matthew Marino, M.D.

Orthopedics

Robert Bell, M.D.

Pain Management

Tong Zhu, M.D. PhD.

Podiatry

Amanda Hart, DPM

Sleep Lab

Terry Brown, M.D.

Urology

Wesley Howell, PAC

Wound Center

Margret De Guzman, M.D.

Angela Albertini, PAC

**To learn more about our specialists call Memorial
Hospital Specialty Clinic at (618) 826-4581 ext. 1366**



MEMORIAL HOSPITAL
—Since 1962—
RURAL HEALTH CLINICS

CONVENIENT CARE WALK-IN CLINIC

MONDAY-FRIDAY
8:00am-5:00pm

SATURDAY
8:00am-1:00pm

CLOSED ON HOLIDAYS

**MEDICAL OFFICE BUILDING
1900 STATE STREET, CHESTER, IL**

Welcome New Employees

Heather Boucher

Morgan Cash

Amanda Grah

Corrine Cox

Jennifer Sanders

Kara Roth



WE ARE HIRING

Come Join Our Team!

OUR MISSION
The Memorial Hospital Team is committed to professional excellence in providing safe, quality healthcare, compassion and service to patients, the community and each other.

RECEIVE BENEFITS

- Health Insurance
- Retirement
- Discounted Care & Meds
- PTO (Personal Time Off)

Check out all of the clinical and non-clinical positions available at Memorial Hospital.

Be a part of our healthcare team working for at 5-Star Hospital. Employees at Memorial earn great wages, have excellent benefits for retirement, healthcare and clinical care.

APPLY TODAY



SCAN ME

mhchester.com